Mac-In Community Learning Centre Inc.

Phone: 9339 3964 Office hours: Monday - Friday 9am - 3pm Email: admin@glydein.org.au Web: www.glydein.org.au AMELEOMS

42 Glyde Street, East Fremantie WA 6158 ABH: 12 477 460 811

PROGRAMME TERM 3 2022 - Monday 25 July to Sunday 25 September Enrolments begin Wednesday 20 July, 8.30am in person, 9am online

Evening and weekend courses are highlighted with a yellow star

SPEAKERS UNLIMITED

HISTORY MEETS FICTION IN A LUNATIC ASYLUM: The Madwoman's Coat AS1 Ian Reid

Monday 1 August, 9 - 10am

Ian Reid's latest book, *The Madwoman's Coat*, is set in England and Western Australia during the late 19th century. It is a story of love and grief, artistry and insanity. A woman is found murdered in a Fremantle asylum cell. Who killed her, and why? What is the meaning of the ornate motifs that she has secretly embroidered on a man's frock coat? And who, really, is she? With particular reference to this book, Ian will talk about the process of researching and writing a fictional story with a factual framework. Ian is the author of 15 books and *The Madwoman's Coat* was longlisted for the ARA Historical Novel Prize.

Members \$14 / \$11 conc. Non-members \$18

COMMUNITY-SCIENCE AND SEADRAGON CONSERVATION

AS2

Nerida Wilson

Monday 1 August, 10.30 - 11.30am

Seadragon species are endemic to the south coast of Australia and are found nowhere else in the world. As the climate changes, conservation of these beautiful fish is a growing concern. Come and hear what we know about seadragons and what we still need to find out. More importantly, how are we going to study these camouflaged creatures when they are so hard to find?!

Members \$14 / \$11 conc. Non-members \$18

READING FOOD LABELS

Eamon Barron

2 separate sessions:

Tuesday 2 August, 10 - 12.30pm AS3
OR Tuesday 16 August, 10 - 12.30pm AS4

Have you ever wondered what's actually in the food you're buying? Join Eamon, a Public Health Nutritionist from Foodbank WA, to learn quick and easy ways to understand food labels. You will leave this hands-on nutrition and cooking session knowing how to navigate the advertising jargon and hard-to-read nutrition information panels. There'll be an hour of nutrition education followed by one and a half hours of cooking and enjoying what you have created. You'll also take home a cookbook with 16 healthy, cheap and easy recipes and a wallet-sized label reading tool.

These sessions will be facilitated by Foodbank WA at their new Healthy Eating Hub, Sunshine Harvester Building on the corner of James Street and Beach Street, Fremantle. Meet there before 10am.

Members \$5

FINDING YOUR AUTHENTIC VOICE Melita Brown

AS5

Thursday 4 August, 11am - 12.30pm

Have you noticed that your friends' voices are changing - getting a bit more croaky, or gravelly, or louder? Our voices change as we age; pitch tends to decrease for women and increase for men and, in general, our voices lose power. Join speech pathologist Melita Brown to find ways we can care for and get the most out of our speaking voice.

Members \$14 / \$11 conc. Non-members \$18

LIBYA: FROM CARTHAGE TO CHAOS David Robinson

AS6

Saturday 6 August, 2 - 3pm

With its desolate desert landscape facing Europe across the Mediterranean Sea, Libya has led a perhaps unlikely path of supporting a dynamic mix of cultures and having an outsized presence in global history, from being part of the ancient Carthaginian Empire through to a prominent battleground of World War II. More recently, after Libya's flamboyant dictator, Colonel Gaddafi, was overthrown in the Arab Spring protests of 2011, the country was plunged into an anarchic civil war that has churned ever since - fostering extremist Islamic forces and feeding an intercontinental refugee crisis. This presentation will survey the sweep of Libyan history and explore the complex structure of Libyan society, with a focus on late 20th and 21st Century history and the nation's on-going political crisis.

Members \$14 / \$11 conc. Non-members \$18

CREATING MEMORABLE CHARACTERS Alan Hancock

AS7

Monday 8 August, 10 - 11am

What makes some characters memorable for so many people: Harry Potter, Alice (in Wonderland), Matilda, Jane Eyre? Where do writers look for inspiration: people they have met, characters from classic myths and stories, historical figures, portraits, themselves, or pure imagination? Dr Alan Hancock will look at the way writers create characters on the page, whether for a novel, short story, or screenplay. He'll consider how much physical detail is needed, and when it's too much; how to weave in a character's backstory; whether central characters need to be likeable and if characters can develop a life of their own and make decisions independent of the author's plans.

Members \$14 / \$11 conc. Non-members \$18

SHOT HOLE BORER RESPONSE **Katie Grayson**

AS8

Thursday 11 August, 10 - 11am

The polyphagous shot-hole borer is a tiny beetle, exotic to Australia, which bores into living trees and can result in tree death. It was first detected in East Fremantle in August 2021 and a quarantine area is currently in place across 17 local government areas. Join Katie from the Polyphagous shot-hole borer Response team to learn about the biology and origin of this beetle, susceptible and priority hosts, symptoms, current detection and quarantine processes, and surveillance and trapping techniques.

No charge, but bookings essential.

FIRST AID FOR SENIORS Monday 15 August, 9 - 11am

AS9

Join St John Ambulance facilitators for a demonstration on basic first aid. They'll cover common injuries and illnesses that can occur in everyday life. The course combines both theory and practical demonstrations, including the recovery position, cardiopulmonary resuscitation (CPR) and fracture management.

Members \$20 / \$16 conc. Non-members \$25

THE PANDORA SHIPWRECK: A 'BOUNTY'- FULL **EXPERIENCE AS10 Patrick Baker**

Tuesday 16 August, 9 - 10.15am

The Mutiny on the Bounty, amongst the most notorious of sea stories, involved the Royal Navy sending HMS Pandora halfway around the world to recover the ship and bring the mutineers back to England for trial. Unable to find the Bounty, Pandora did capture 14 'pirates' who had jumped ship at Tahiti. The Pandora was then wrecked and lost on the Great Barrier Reef, adding to the drama. The Bounty was first discovered on Pitcairn Island and dived on in 1957; the Pandora, one of Australia's most interesting shipwrecks, in 1977. Photographer Pat Baker will bring together the threads of the stories, telling of his experiences in recording three maritime archaeological expeditions to the Pandora.

Members \$14 / \$11 conc. Non-members \$18

HISTORY OF FOOD IN ITALY: A CULINARY AS11 JOURNEY FROM ANTIQUITY TO GLOBALISATION Fausto Buttà

Thursday 18 August, 11.30am - 1.30pm

Why do Italians eat pasta? Did Romans eat pasta? Is it true that Marco Polo imported spaghetti from China? How has Italian cuisine changed through history? What is the traditional Italian cuisine? Dr Fausto Buttà (UWA) will answer these questions, bust some myths, and accompany participants through this historical and cultural journey. As part of the talk you'll be treated to delicious Italian food prepared by chefs at Parlapa, an Italian café-trattoria based in Fremantle. A fantastic opportunity for stimulating the mind whilst enjoying beautiful Italian food!

Members \$43 / \$40 conc.

NAVIGATING THE AGED CARE SYSTEM IN WESTERN AUSTRALIA Suzanne Pinker

AS12

Monday 22 August, 9 - 10.30am

Suzanne, an accredited Aged Care Assessment Team (ACAT) Assessor, will provide an overview of the My Aged Care system in Western Australia - what it offers, where to go to get started and where to get support. She'll cover areas such as the kind of approvals required, how the cost of the service varies based on means, and how to go about doing an asset assessment. Suzanne will also explain the need for

Enduring Power of Attorney or Enduring Power of Guardianship and how to go about getting this once someone loses capacity. Bring along your questions.

Members \$14 / \$11 conc. Non-members \$18

SUSTAINABILITY IN ACTION

AS13

Shani Graham

Monday 22 August, 2 - 3.30pm

Shani is a teacher, facilitator, urban farmer and community activist from Ecoburbia in Beaconsfield. She will share the changes she has made in her life to become more sustainable - both technological (water and power systems, solar passive house design,...) and behavioural (alternative cooperative living, compost systems, urban food production, goat herder...). Most importantly, she will share the ways she has worked in her geographic community to build resilience. You will have time to reflect on the changes you have made to become more sustainable, what else you could do and how to support yourself when it all feels a bit much.

Members \$14 / \$11 conc. Non-members \$18

PELLEGRINO ARTUSI'S COOKBOOK FOR ITALIANS: A CULINARY JOURNEY THROUGH ITALY, 1891 - 1911 **AS14** Fausto Buttà

Thursday 25 August, 11.30am - 1.30pm

This presentation on Pellegrino Artusi's first national Italian cookbook will offer the opportunity to fully appreciate the cultural richness of Italian cuisine and its regional variety. By exploring Artusi's work of unification on a culinary level, we'll better understand the social aspect of food and its centrality in human relationships. As Greek philosopher and historian Plutarch wrote in the first century AD, 'We don't invite one another simply to eat and drink, but to eat and drink together'. As part of this talk you will enjoy traditional regional food prepared by the chefs at Parlapa, according to Artusi's original recipes.

Members \$43 / \$40 conc.

THE PSYCHOLOGY OF COLOUR Christian Long

AS15

Monday 29 August, 10 - 11am

Learn more about how colours have different psychological effects on us and how certain colours and shades evoke emotion and move people to action. Join therapist Christian to explore questions such as: how does the colour red work in making a person or a product stand out and attract attention; why do we choose not to wear certain colours; and how does our choice of colour represent ideas, feelings and emotions?

Members \$14 / \$11 conc. Non-members \$18

DYING WITH DIGNITY Stephen Walker

AS16

Monday 5 September, 9 - 10.30am

Stephen is president of Dying with Dignity WA. He will talk about the campaign for a Voluntary Assisted Dying Law in Western Australia, key criteria and processes by which a person can request a voluntary assisted death, and observations on the operation of the Act since its implementation on 1 July 2021.

Members \$14 / \$11 conc. Non-members \$18

MILLENNIUM KIDS Catrina-Luz Aniere

AS17

Tuesday 6 September, 9 - 10am

Catrina is CEO and co-founder of Millennium Kids Inc, a youth-led environmental organisation based in WA. Catrina can often be found out and about driving the bus in the largest intact Mediterranean woodland in the

SPEAKERS UNLIMITED ... Continued

world, sifting through recycling in Sumbawa, helping young people experience the natural world. She has co-designed a new way of thinking around education for the future and will share stories of her 27 year journey of listening to children and how this has impacted her leadership and thinking around caring for the environment.

Members \$14 / \$11 conc. Non-members \$18

'TOWN TALK': East Fremantle Oval Redevelopment

AS18

Wednesday 7 September, 9 - 10am Gary Tuffin, CEO Town of East Fremantle

Join Gary for the latest update on the Oval redevelopment. He'll provide a brief history of the current project and its objectives. You'll hear about the revised Master Plan and budget and see images of the completed design not previously available, including landscaping plans. Management arrangements for the facility will also be discussed. There'll be plenty of time for Q&A

No charge but bookings essential.

WHY DON'T WEST AUSSIES SPEAK FRENCH? AS19 Elton Brown

Thursday 15 September, 10 - 11.30am

In 1772 a French explorer landed on the coast of Western Australia and claimed the land in the name of King Louis XV of France. During the next 50 years French explorers and crews explored the West Australian coastline, leaving their names and the names of their ships in many locations. Elton will discuss the explorers, their discoveries, the opportunities missed in colonising WA, and the reasons for these failures.

Members \$14 / \$11 conc. Non-members \$18

AUSLAN AND ME

AS20

Barbara Alcock

Monday 19 September, 10 - 11am

Barbara Alcock, Chair of Better Hearing WA, will look at Auslan from different angles and explain what has inspired her love of sign language. You will go home with a short sentence of Auslan and hopefully a better understanding of what it must be like to be deaf in a hearing world.

Members \$14 / \$11 conc. Non-members \$18

JEWELLERY THROUGH THE AGES Tony Algeri

AS21

Wednesday 21

Wednesday 21 September, 3 - 4pm

Humans have worn jewellery since before written recordings began. Experienced local jeweller Tony has a fascination for the stories behind jewellery - from the importance of pearls during the time of Julius Caesar to the creation of man-made diamonds today. Come and hear these and other fascinating stories that illustrate the impact of jewellery throughout history.

Members \$14 / \$11 conc. Non-members \$18

Annual General Meeting

NOTICE TO MEMBERS The AGM will be held on

27 September at 2pm at Glyde-In Community Learning Centre

All positions will be made vacant.

Nomination forms are held in the office and should be submitted to the Secretary, Gordon MacNish, a week prior to the AGM.

NOT-SO-TRIVIAL PURSUITS

UKULELE: Sing, Strum & Pick (Level 2)
Shirley Guy

BN1

9 Wednesdays: 27 July-21 September, 1-2.30pm This ongoing class continues expanding our knowledge of ukulele playing. It is not suitable for complete

beginners.

Members \$135 / \$108 conc.

UKULELE: Sing, Strum & Pick (Level 3)

BN₂

Shirley Guy

9 Mondays: 25 July - 19 September, 1 - 2.30pm This ongoing class is a little more advanced than Level 2. It is not suitable for complete beginners.

Members \$135 / \$108 conc.

THE ABRAHAMIC RELIGIONS Ruperto Nunez

BN3

8 Wednesdays: 3 August-21 September, 1 - 3pm Judaism, Christianity and Islam have much in common - and much to disagree on. They are a family of religions grounded on Abraham's proclamation of the 'One God', as opposed to the polytheism common in the second millennium BCE. We shall explore what elements they have in common and the causes and meaning of their antagonisms. We will also look at how political contexts have shaped the way they interact with one another.

Members \$160 / \$128 conc.

HARMONISING OUR LIVES THROUGH LIFE REVIEW

RN4

Georgina Mavor

7 Fridays: 5 August-16 September, 9.30-11.30am Rarely does anyone live the life they envisioned. Some beginnings are less than ideal, challenges come, the world changes and our bodies age. In older adulthood, bigger questions naturally stir from within, calling us to respond. Using a structured life review process, we will journal through a series of questions pertinent to the different stages of our lives, reaping wisdom and harmonising themes. Georgina, a psychologist working in Aged Care Facilities and providing Reminiscence therapies to older adults will guide us through the process.

Members \$140 / \$112

SINGING, SOUND HEALING AND MEDITATION Sian Brown

2 separate sessions:

Sunday 28 August, 2 - 4pm

OR Sunday 25 September, 2 - 4pm

BN5

Part singing lesson, part meditation, part vocal jam - these sessions are fun and deeply relaxing. Learn to use your voice to relax and refresh yourself. Enjoy crystal singing bowls, gongs and the incredible healing power of your voice. Sian Brown, operatically trained singer, songwriter and sound healer, is passionate about the wisdom and musicality in us all. Come as you are and bring a bottle of water. Enrol separately in one or both sessions.

Per session: Members \$20 / \$16 conc. Non-member \$25



We acknowledge with thanks, the continuing support of the Town of East Fremantle

OUT & ABOUT

Our bus trips are brought to you by volunteer organisers, drivers and hosts. Buses depart on **time** from the East Freo Football car park, cnr Moss and Marmion Streets. Return times are approximate. If you can't make it please let us know beforehand on 93393964 or on the day use the contact number of your Glyde-In host.

STATE LIBRARY TOUR Barry Ross

CO1

Wednesday 3 August, 9.45 - 11.30am

Meet there. The State Library is a highly valued cultural institution, enriching the lives of Western Australians by treasuring their stories, building, preserving, and sharing physical and digital collections for education and recreation, and reflecting the State's rich heritage, diversity and history. We will experience a 'behind the scenes' tour. Lunch following the tour will be at own expense.

Meet at welcome desk on ground floor of State Library, Perth Cultural Centre at 9.45am.

Book by 29 July

Members \$10 / \$10 conc. Non-members \$10 (includes entry donation)

GRAVITY DISCOVERY CENTRE

CO2

Julie Robertson

Tuesday 9 August, 8am - 4pm

Bus trip. The Gravity Discovery Centre and Observatory is a 'hands-on' science education, astronomy, Aboriginal culture and tourist centre, situated in bushland near Gingin. Operated by UWA, it has information and displays about physics and astronomy, specialising in gravity and cosmology. View the Leaning Tower of Gingin; climbing the tower puts the thrill back into science! The amazing Timeline of the Universe in the Cosmology Gallery tells the story of the creation of our Universe - from the Big Bang right through to the present. The Solar System Walk is an enjoyable and educational 1km scale model of our Solar System. In the Biodiversity Gallery, you can get up close and personal with some of our local flora and fauna. See how the Noongar culture connects to nature. The bushland surrounding Gravity Discovery Centre is in its original state with an impressive variety of fauna and flora; it is internationally recognised as a biodiversity hot spot. Morning Tea is included; a moderately priced lunch is available from the cafe (at own expense). Sensible walking shoes and clothes are recommended and please dress for the weather.

The main areas of the Gravity Discovery Centre are accessible for people with disabilities and/or mobility aids (with the exception of the Leaning Tower of

Bus departs 8.15am Book by 27 July

Members \$52 / \$47 conc. Non-members \$57

KANYANA WILDLIFE REHABILITATION CENTRE **Mal Christison**

Monday 22 August, 8.15am - 3.30pm

Bus trip. Meet some amazing animals and passionate wildlife carers on a guided tour of Kanyana Wildlife Rehabilitation Centre, which is dedicated to caring for sick, injured, orphaned and displaced wildlife. It is also committed to breeding threatened species and providing vital training and community education. More than 3,000 animals are taken to Kanyana each year and admitted to the onsite rehabilitation centre for treatment. When they are well enough, their rescuer is contacted to collect the animal and release it where it was found. Join a 2-hour guided tour to learn

OUT & ABOUT ... Continued

about this world class facility and meet some of the unique animals and dedicated volunteers that make it so extraordinary. The tour will commence with a cuppa (gold coin donation). Afterwards, we will lunch at the ever-popular Kalamunda Hotel (at own expense).

Bus departs 8.30am **Book by 8 August**

Members \$41 / \$37 conc. Non-member \$46

MUNDARING WEIR TOUR

CO4

Barry Ross

Thursday 1 September, 8.45am - 4.30pm

Bus trip. Enjoy a day trip to Mundaring Weir, built around the turn of the 20th century as the catchment dam for a far-sighted Goldfields Water Supply Scheme. The scheme's pipeline carries water 530km from Perth to Kalgoorlie. The water was initially pumped in successive stages with the aid of eight steam-driven pumping stations. On the way there we will stop at the Kalamunda Camel Farm for a break and coffee. If you are feeling adventurous, camel rides are available at \$35 for 15 minutes/\$65 for 30 minutes (not included). After stopping at the weir for photos and a stroll, we will head to the Mundaring Hotel for lunch (at own expense). On the return journey, we will detour to the famous Sandalford Winery for a tipple or two, before returning to East Fremantle.

Bus departs 9am Book by 15 August

Members \$29 / \$26 conc. Non-member \$34

KINGS PARK WILDFLOWER WONDERS GUIDED WALKS

Julie Robertson

2 Separate trips

Tuesday 6 September, 8.45am - 2.30pm **CO5** Wednesday 14 September, 8.45am - 2.30pm CO6

Bus trip. Join us on a fully guided walk through the wildflowers of Kings Park during the springtime and delight in the wonderful display that nature has provided us. The walk will take about 1.5 hours and will leave from the Aspects Gallery Shop in Fraser Ave. Wear appropriate shoes and clothing, and bring a hat and water as the weather is beginning to warm up in September. After the walk we will lunch at Zamia Café (at own expense).

Bus departs 9am (both trips) Book by 5 August

Members \$26 / \$24 conc. Non-members \$31 Note: Cost is per trip



OUT & ABOUT ... Continued

DWELLINGUP WILDFLOWER WALK Mal Christison

CO7

Friday 16 September, 7.45am - 4.30pm

Bus trip. Our first stop is the Forest Discovery Centre, where we can enjoy a cuppa (gold coin donation). The Centre includes a retail gallery and shop that showcases high quality wood craft, fine furniture, art and craft. Visitors can explore the walk trails, learning about wildflowers, animals and resources of the forest. There is also a tree top walk that is well worth the climb. Time permitting, we will drive to an entry point on the Bibbulmun Track, to walk about 2km on a gentle downhill slope through old-growth forest. Hopefully there will be wildflowers here too. The bus will meet us at the end of the walk to take us to lunch at the Dwellingup Hotel (at own expense). Please wear walking shoes and dress for the weather.

Bus departs 8am Book by 2 September

Members \$35 / \$32 conc. Non-member \$40

LUNCH & WINE TOUR IN PERTH HILLS CO8 Barry Ross

Wednesday 21 September, 2022, 8.45am - 4pm Bus trip. Enjoy a day in the Roleystone hills, visiting Canning Dam and Raeburn Orchard for fresh fruits, gourmet preserves, dried fruits & nuts, honey & ice cream. We'll have lunch in an English Pub (at own expense) and visit a winery before heading home.

Bus departs 9am
Book by 1 September

Members \$29 / \$26 conc. Non-member \$34



Our Out & About Committee needs you

If you enjoy our Out & About Programme and you are prepared to be more involved, we need you. Our committee has lost a valuable member with the retirement of Jono Farmer and currently consists of Julie Robertson, Tess May and Mal Christison. We need a minimum of four to arrange these outings each term, so if you have organisational skills and would like to use them to provide a valuable service to our members, please contact our office.

We are also in need of a bus driver with a light rigid licence for our Out & About outings, if that's you or you know of someone who can help please let us know.

MIND & BODY

In the interest of hygiene we encourage you to bring your own mat and blanket to your yoga class.

YOGA RESTORATIVE

DM1

Penny Caputi

9 Tuesdays: 26 July - 20 September, 4.30 - 5.45pm This class will be relaxing and restorative, not demanding. Wonderful for sore backs. Bring your own bolster and blocks if you have them.

Continuing students will need to re-enrol.

Members \$112/ \$90 conc.

YOGA GENERAL

DM₂

Penny Caputi

9 Tuesdays: 26 July - 20 September, 6 - 7.15pmLearn yoga postures and the art of relaxation. All ages and levels welcome. Suitable for anyone who can move from standing to floor with relative ease. Wear a smile and loose comfy clothing. Continuing students will need to re-enrol.

Members \$112/ \$90 conc.

IN-SPIRAL FLOW MOVEMENT

DM3

Christine Jaroszewski-Consani

4 Wednesdays: 10 - 31 August, 4.30 - 5.30pm
Using elements of the Gyrokinesis® method and freeform movement, these classes will focus on the gentle,
restorative aspects of breath and circular, flowing
movement. Feel rejuvenated, with increased vitality
and well-being. Classes are gentle and rhythmic, at a
pace to suit those taking part. Suitable for those
seeking gentle, safe and low-impact exercise, including
those with pain or restriction of movement. Christine
is an experienced ballet, creative dance/movement and
Gyrokinesis® teacher.

Members \$40 / \$32 conc.

INTRO TO MEDITATION

DM4

Sky Dawson

6 Wednesdays: 10 August - 14 September, 4 - 5pm Explore several meditation practices including mindfulness meditation - where we bring attention to what is happening in the present moment with interest. You will practice gentle meditations on breathing, the body and mind, and how to use mindful moment practices through the day, to take time to pause and be present when you feel stressed. Sky has been teaching meditation since 2005, following a long career as an occupational therapist. People with some experience as well as those with no knowledge of meditation are welcome.

Members \$60 / \$48 conc.

Teach - Who me?



If you have a special interest, topic, hobby or art form that you think would interest others, we're keen to hear from you.

Please talk to Jacqui Reeves, 9339 3964. And if you like the idea but are hesitant about your teaching skills, come and speak with us about that too; we're keen to help.

CULTURE CLUB

Meet others and enjoy wonderful entertainment. You will be advised when to collect your tickets from the Glyde-In office. Please meet at the theatre before curtain up. Remember there is no late entry for performances. Please note that proof of vaccination may still be a requirement at venues.



GHOSTS - MELVILLE THEATRE

EC1

Sunday 14 August, 1.45 - 4pm (approx.)

Meet there. Since the death of her charismatic but abusive husband, Helene Alving has been treading water in a sea of empty days. What keeps her going is a deeply held belief that salvation can only lie in telling her son Osvald the truth about his father. But when Osvald returns after living as an artist in France, he has his own truth to reveal. A play about what we have left in the past and what comes back to haunt us, Ghosts shows us the consequences of not breaking the moral code. Written by Henrik Ibsen, adapted by Eamonn Flack, directed by Thomas Dimmick.

Note: This show contains adult themes

Venue: Melville Theatre, cnr Stock Road & Canning Hwy, Palmyra. Doors open 45 minutes prior to curtain. Show starts at 2pm.

Book by 1 August

Members \$23/ Non-members \$28

WASO MORNING SYMPHONY

EC₂

Thursday 1 September, 11am - 12pm Meet there. Asher Fisch conducts Edward Elgar's Symphony No. 2 – a breathtaking work of grand lyricism, aching tenderness and visionary power. Ticket price includes complimentary coffee / tea prior to the concert and the Wesfarmers Arts Pre-Concert Talk from 9.40am in the Auditorium. Please note that these are unallocated choir stalls tickets, so be sure to arrive at the Concert Hall in good time to find parking and to be seated in time for the 11am start.

Book by 9 August

Members \$35 Non-members \$40

THE LADY KILLERS - HARBOUR THEATRE EC3 Sunday 11 September, 2 - 3.30pm

Meet there. A sweet little old lady, alone in her house, is pitted against a gang of criminal misfits who will stop at nothing.... Posing as amateur musicians, Professor Marcus and his gang rent rooms in the lopsided house of sweet but strict Mrs Wilberforce. The villains plot to involve her <a>- unwittingly - in Marcus' brilliantly conceived heist job. The police are subsequently stumped. However, Mrs. Wilberforce becomes wise to the ruse and Marcus concludes that there is only one way to keep the old lady quiet. With only her parrot - General Gordon - to help her, Mrs Wilberforce finds herself alone with five desperate men. But WHO will be forced to face the music? Venue: Mosman Park Memorial Hall, 16 Lochee Street (cnr Solomon St), Mosman Park. Doors open 45 minutes prior to curtain. Show starts at 2pm.

Book by 16 August

Members \$25 Non-members \$30

BY HAND

LEARN TO CROCHET GRANNY SQUARES Paula Hanson

3 Tuesdays:27 July and 2 & 9 August, 11am-12.30pm A great way to learn crochet is by making granny squares. They can be used as face washers, kitchen cloths or as the start of a lovely rug. Each square is small enough to finish quickly. Let Paula show you how - and you'll be hooked!

Things to bring: 2 balls of 8ply yarn and a 4mm crochet hook. Small group, so book early!

Members \$45 / \$36 + things to bring

SKETCHING AND PAINTING NATURE Jane Lidbetter

4 Fridays: 5 - 26 August, 1 - 3pm

Let's take a close look at nature to slow the racing mind and focus on the beauty that surrounds us. You will learn basic drawing skills using tone, texture, form and composition and then we will move to colour using watercolour or Aquarelle pencils. You will work both indoors and outside using the garden for inspiration and Jane will also bring in treasures from nature.

Things to bring: HB, 2B, 4B pencils, eraser and pencil sharpener, A4 pad of smooth cartridge paper. Jane will talk through some other materials in the first class.

Members \$80 / \$64 conc. + things to bring

LINO PRINTS WITH CHINE COLLÉ FB3 **Bridget Seaton**

Sunday 20 August, 10am - 4pm

Work with bold cut out shapes and carved texture to create strong graphic lino prints that can be printed and repositioned in different ways to create a set of striking prints. Learn how to use the tissue paper method of chine collé t<mark>o ad</mark>d a playful splash of colour and make some marbled papers for fun retro backgrounds. Your choice of subject matter. Images are provided for your inspiration but you are welcome to bring your ideas to class. We will be using easy carve line and printing with a small professional printing press. All materials and tools supplied. Please bring an apron and lunch.

Members \$60 / \$48 conc. + \$20 materials fee Non-members \$70 + materials fee



UPCYCLED T-SHIRT YARN BASKET Nik MacDougall

FB4

FB2

Saturday 27 August, 1.30 - 4.30pm

Take your upcycling skills to new levels at this hands-on course! Learn how to make your own yarn by recycling a couple of those old t-shirts you have lurking at the back of the cupboard. Then use the delightfully squishy t-shirt yarn you've made to create a great little storage basket. The big hook and just one crochet stitch make for a quick and easy project. Basic crochet skills required.

Things to bring: cotton t-shirts (at least 2), sharp sewing scissors, 10mm crochet hook. If you have them, please also bring along a cutting mat and rotary cutter. Small group, so book early!

Members \$30 / \$24 conc. + things to bring Non-members \$35



SPANISH

SPANISH, beginners ongoing (Tuesdays) GL1 Ruperto Nunez

9 Tuesdays: 26 July-20 September, 2 - 3.30pm For those with the equivalent of two term's learning and who know the basics of greetings, descriptions and family.

Members \$135 / \$108 conc. + \$4 materials

SPANISH, beginners ongoing, year 2 (Mondays) GL2 Ruperto Nunez

9 Mondays: 25 July-19 September, 4 - 5.30pm For the ongoing beginner, continue to learn the basics and build your vocabulary and confidence.

Members \$135 / \$108 conc. + \$4 materials

SPANISH, Basic A1 GL3
Ruperto Nunez

9 Tuesdays: 26 July-20 September, 11.30am-1.30pm If you know pronouns, present and simple past tenses and basic dialogue, this course will help you understand and use everyday expressions and basic phrases, introduce yourself and others, and ask and answer personal questions.

Members \$180 / \$144 conc. + \$4 materials

SPANISH on Mondays, Basic A2 GL4
Ruperto Nunez

9 Mondays: 25 July-19 September, 1.30-3.30pm If you understand present and simple past tenses and basic travel vocabulary, join this class to expand your vocabulary and improve fluency.

Members \$180 / \$144 conc. + \$4 materials

SPANISH, Intermediate B1 GL5
Ruperto Nunez

9 Tuesdays: 26 July-20 September, 9-11am For those who have a grasp of vocab and grammar. Here you'll learn to understand main points to do with work, school, family & leisure, deal with most travel situations, describe experiences and events, and give brief reasons and explanations.

Members \$180 / \$144 conc. + \$4 materials

ITALIAN

ITALIAN, INTERMEDIATE GL6
Fausto Butta

9 Tuesdays: 26 July-20 September, 1.45-3.15pm For those who can hold and understand an Italian conversation using most of the verb tenses.

Members \$135 / \$108 conc. + \$4 materials

FRENCH

FRENCH INTERMEDIATE GL7
Pierrette Joseph

9 Wednesdays: 27 July–21 September, 1 - 3pm For those who can hold a basic discussion, build on your French conversation and grammar in this small interactive group.

Members \$180 / \$144 conc. + \$4 materials

FRENCH, ONGOING BEGINNERS
Pierette Joseph

9 Thursdays: 28 July-22 September, 11am-12pm For those who have just started learning or have learnt the basics of French in the past.

Members \$90 / \$72 conc. + \$4 materials

FRENCH, MORE ADVANCED Pierette Joseph

GL9

GL8

9 Thursdays, 28 July - 22 September, 1 - 3pm If you have a good grasp of grammar and conversation and want to improve your fluency talk to us about joining this ongoing group.

Members \$180 / \$144 conc. + \$4 materials

FULL FRENCH & ITALIAN CLASSES, with Millie Kursar

(Sorry currently no places available in these classes, ongoing students please re-book)

FRENCH, Ongoing GL10 9 Tuesdays: 26 July-20 September, 10.45am-12.15pm

Members \$135 / \$108 conc.

FRENCH on Friday GL11

9 Fridays: 29 July-23 September, 10.45am-12.15pm Members \$135 / \$108 conc.

ITALIAN, Ongoing

GL12

Millie Kursar

9 Wednesdays: 27 July-21 September, 10.45am-12.15pm Members \$135 / \$108 conc.

COMPUTERS & TECHNOLOGY

Our classes are small and friendly, our tutors are patient. Courses are based on demand so if you need help on a particular topic let us know. You can also use the one-on-one sessions through the Computer Help Desk to get individualised support or advice.

To make learning more personal, bring along your device (fully charged) and know your login details (including passwords).

GET ZOOM-SAVVY Fay Gerhard Monday 25 July, 10.30am - 12pm (mobile devices)

HC1

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Monday 1 August, 10.30am - 12pm (desktop / laptop computers)

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Let's future-proof our language (and other) classes! Learn how to install Zoom on your mobile device/ computer so that you can participate in classes and be part of the group from the comfort of your home even if you need to isolate. Don't miss out! Fay will show you how easy it is to install and use this free tool.

2 separate sessions, enrol in the one most suited to your device.

For members only \$5

COMPUTERS & TECHNOLOGY ...Continued

PHOTOBOOKS

HC3

Fay Gerhard

Monday 8 August, 8.45am - 10.45pm

Learn about the options and templates available to create your photo book. To get started, bring along your laptop or tablet/iPad with some pictures saved on the device.

Members \$20/ \$16 conc. Non-members \$25

FACEBOOK MARKETPLACE

HC4

Fay Gerhard

Monday 8 August, 11.15am - 1.15pm

Facebook Marketplace can be a good source for treasures or to sell your unwanted goods. Discover how easy it is to market your items, and to buy too. And learn how to be safe and secure.

Members \$20/ \$16 conc. Non-members \$25

STORING YOUR DATA

HC5

Fay Gerhard

Monday 15 August, 8.45 - 10.45am

Not sure how to safely store your documents/photos/ data? Or not quite sure what the 'cloud' is? Come along and learn about the easiest and safest ways to store your valuable data.

Members \$20 / \$16 conc. Non-members \$25

MANAGING YOUR EMAILS

HC₆

HC7

HC8

Fay Gerhard

Monday 15 August, 11.15am - 1.15pm

Find out how to create and manage folders for easy storage and retrieval, and other ways to get the most out of your email account. Fay will use Gmail login to explain the processes, but the principles will apply to most email accounts.

Members \$20 / \$16 conc. Non-members \$25

iPHONE / iPAD STARTER

Kris Metcher Tuesday 16 August, 10am - 12pm

A helpful overview of Apple phones and tablets, both for those who have a device or are pondering a purchase. This introduction will set you up for our other iPhone / iPad courses. Bring your device if you have one.

Members \$20 / \$16 conc. Non-members \$25

eBOOKS and eBOOK READERs

Kris Metcher

Tuesday 13 September, 12.30 - 2.30pm

Tuesday 16 August, 12.30 - 2.30pmCalling bookworms! Did you know that one eBook reader can hold thousands of eBooks, saving a lot of space in your home and in your bag? Kris will explain the various ways to access eBooks (portable eBook readers / on a laptop or computer / tablet or phone, etc.) and where to access eBooks, both free options and paid. Bring your library card and PIN number (if applicable).

Members \$20 / \$16 conc. Non-members \$25

HC9

Fav Gerhard

Monday 22 August, 8.45 - 10.45am

USING CALENDAR ON YOUR MOBILE

Why use the calendar? It is a useful tool to keep track of all your upcoming meetings, events, appointments. Never forget a milestone again, and be reminded of when to leave to get to your appointment on time. Calendars assist in visualising your schedule at any time, and are accessible at the touch of a button. Bring along your fully charged mobile.

Members \$20 / \$16 conc. Non-members \$25

PERSONALISE YOUR iPHONE / iPAD **HC10 Kris Metcher**

Tuesday 30 August, 10am - 12pm

Now that you're familiar with your iPhone or iPad, learn to set it up for your personal use. Change the "wallpaper" on your home screen, activate Siri and learn how to use voice recognition, edit your App Icons and more.

Members \$20 / \$16 conc. Non-members \$25

MASTERING MOBILE PHOTOGRAPHY (iPhone/iPad)

HC11

Kris Metcher

2 Tuesdays 30 August & 6 September, 12.30 - 2.30pm

Discover how to take eye-catching photos using the camera app that comes with your iPhone/iPad. In week 2 learn how to edit, crop and enhance the photos, add them to albums and save online or on your local device.

Members \$40 / \$32 conc.

THE WONDERFUL WORLD OF PODCASTS HC12 **Kris Metcher**

Tuesday 6 September, 10am - 12pm

Do you enjoy listening to the radio, but want to focus on specific themes or topics? Podcasts cover a wide range of topics from true crime to sports and to world news. Let's explore podcasts and how to access them on your digital device. Make sure to bring your tablet, laptop or smartphone, and you'll soon be listening to your new favourite podcast!

Members \$20 / \$16 conc. Non-members \$25

TAMING YOUR IGADGET Kris Metcher

HC13

Tuesday 13 September, 10am - 12pm

Have you ever held your iPhone / iPad and thought 'If only someone could show me how this all works'? Kris will show you how to get the most out of your iGadget - from emails to privacy settings, online purchases, bill payments and all the cool things you can do within each application or feature. She has many tips and tricks to share with you.

Members \$20 / \$16 conc. Non-members \$25

ANDROID PHONE / TABLET STARTER **HC14 Kris Metcher**

A helpful overview of Android phones and tablets, both for those who have a device or are pondering a purchase. Bring your device if you have one.

Members \$20 / \$16 conc. Non-members \$25

COMPUTER HELP DESK Fay Gerhard

A one-on-one 30 minute session to deal with a particular issue or for individualised support in making the most of your device. When enrolling please let us know what device you are using and an idea of what you need help with.

Phone or book in person at the office. Members \$25. Non-members \$30



Glyde-In Community Learning Centre Inc.

WHO WE ARE

Glyde-In Community Learning Centre has been operating since 1981.

We offer courses, talks and activities that we hope will enrich members' enjoyment and knowledge, and foster a healthy community life. We aim to be a source of learning that doesn't cost the earth, that doesn't need prior knowledge or qualifications, and asks only a small commitment of time. Our courses are non-competitive and informal.

Tutors are from all walks of life, and we welcome more. Our staff members work part time, and our volunteers play a significant role in the life of the Centre.

Glyde-In is a not-for-profit organisation managed by a volunteer management committee. Most of our funding is generated through membership and course fees. We are also grateful for the support of the Town of East Fremantle through provision of our building and ongoing operational funding.

HOW TO ENROL

Enrolments begin Wednesday 20 July at 8.30am in person (or online from 9am) and continue through the term, spaces permitting.

If you mail your booking in and require a posted receipt or other information, **please include a self-addressed stamped envelope.** Otherwise, detailed receipts are emailed.

Any enrolments received early are processed on Enrolment Day along with the others. If your choice of activity is full, you will be placed on a wait list and we'll let you know. All courses require a minimum number of enrolments to proceed. Consider yourself enrolled unless you hear otherwise.

Please choose carefully as refunds or credits are not issued if you cancel after enrolment week. However if you

find that you can't attend, you're welcome to transfer your booking to another person; just let us know if you do.

We appreciate notification if you are not able to attend on the day.

Our enrolment form is on the last two pages and has a complete list of all courses and activities. Simply put a big X against the ones you want. Circle the fees that apply (use a coloured pen or highlighter if you can), complete your name, membership and payment details, and hand it to us. A separate form is required for each person enrolling.

Your receipt will list everything you're booked into and any for which you're on a wait list, as well as a list of things you might need to bring on the day, e.g. for an art class.



A Word from the Chair

Out Term 2 programme has been well received by our members with a strong uptake for the courses, talks and outings on offer. Our enrolment day was a little quieter than in previous years, but still well attended. Our online bookings increased, so overall enrolments remained healthy.

I have spoken previously about a rolling funding agreement that we arranged two years ago with the Town of East Fremantle. We have just received word that our funding for the next financial year is approved in the Council's budget estimates. This funding agreement has brought a level of certainty to our budgeting which resulted in a Management Committee decision early last year to forgo increasing membership and course fees for the current financial year. We also extended all memberships by six months to compensate our members for last year's Covid shutdowns. These budget decisions have resulted in a planned reduction of our cash reserves, to the benefit of our members. However, our costs still increase so we must make a small increase to membership fees and course costs for this next financial year. I spoke about this at our last AGM. We hope you appreciate that we have done our best to keep our fees as low as possible while remaining viable and have not increased our membership or course fees for many years.

Our Out&About committee has planned an excellent spring programme for Term 3, including tours of the popular State Library, the Gravity Centre, Kanyana Wildlife Rehab Centre, Mundaring Weir, Kings Park Wildflowers, Dwellingup Wildflowers and a Perth Hills Lunch and Wine Tour.

We need at least one more volunteer to assist with organising our Out&About programme. If you would enjoy arranging and taking our members on outings, we would like to hear from you. You would join a wonderful team providing a valued service to our members.

We hope you enjoy Terms 3 and that you remain healthy and safe.

Mal Christison

YOU'RE INVITED.....Regular Groups

GLYDE-IN GROUPS FOR MEMBERS:

Phone the group convener for more information. If no phone is listed just come along. Most simply share the cost of room hire (\$20 per hour).

BOOK CLUB

2nd Monday / month, 3.45 - 5.45pm

Books not provided, all welcome. Jill Brown, 0433 402 401 or Glyde-In 9339 3964.

CYCLING GROUPS

Monday and Wednesday mornings. For the Monday group, phone Gordon 0419 858 960. For Wednesday group, phone Marilyn 0407 082 038.

GLYDE-IN SINGERS Tuesdays, 4 - 6pm

With Digby Hill. All welcome to sing a variety of world folk, early music and classical, alt. pop, African etc.

Venue: Sullivan Hall, Cnr. Stevens St & Nannine Ave, White Gum Valley. \$15/session (cash only); first session is FREE. Lyn Hurley 0405 124 618.

MAHJONG – for experienced players Mondays & Fridays, 1 – 3.30pm Margaret 9335 5665.

Thursdays, 9.30am - 12pm. Maureen 9494 1451.

SCRABBLE

Wednesdays, 9.30 – 12pm. All welcome including beginners. \$5 + \$1 cuppa. Ellen MacKenzie 9339 5207.

THURSDAY WALKERS

Weekly, 8am sharp from Glyde-In for an hour's walk then coffee.

PARKING

It's street parking, and there is plenty of space in neighbouring streets.

Please never ever ever park across neighbours driveways, no matter how late you may be for your class.



PRIVATE GROUPS & WORKSHOPS

These are privately-run services and are not part of Glyde-In's regular programme. To book or enquire please phone the conveners.

COMMUNITY QUILTING

3rd Monday / month, 9.30am - 12.30pm

Supporting the WAQA Community Group that donates quilts to charities. If you can, please bring a sewing machine. Lyn Hurley 0405 124618.

FRIDAY RIDERS

Departs Left Bank café **Fridays, 8am**. For those able to cruise at 20km/hour. Gordon 0419 858 960.

PROSTATE CANCER SUPPORT FOUNDATION

3rd Mon / month, 7.30 – 9pm. Information and support for men with prostate cancer, their families and partners. Richard 0418 858 003 / email: prostate@rfmc.com.au

QUAKERS (Religious Society of Friends) Sundays, 10am – 12pm

All welcome to our mainly silent meetings for worship.

SOUND OF SOUL

3rd Wednesday/month, 7.30pm. "The person singing HU tunes in to a higher spiritual awareness", Harold Klemp, HU TheMost Beautiful Prayer. Gold coin. 0408 957 514.



MEMBERSHIP

12 months \$40 / \$35 concession or \$25 East Fremantle resident.
Single term \$20.

Concession is for holders of a Pension or Health Care Card (not seniors HCC) or DVA Gold Card.

You don't have to be an East Fremantle resident - everybody is welcome.

ROOM HIRE

Our comfortable rooms are available for hire, depending on availability which is often limited to evenings and weekends. Room costs: \$20/hour for groups initiated and run by Glyde-In members, \$23 for non-profit groups not affiliated with us, and \$30 otherwise. Groups charging a participant fee require their own public liability insurance. Please phone us for details of availability.

ENROLMENTS

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		ership fee - renewal or new		relevant fee or leave		\$40.00	\$35.00	\$20.00	\$25.00EF
	AS1	HISTORY MEETS F	ICTION IN A L	UNATIC ASYLUM	1 Aug	\$14.00	\$11.00	\$18.00	_
	AS2	COMMUNITY SCI	IENCE & SEA	DRAGON CONS.	1 Aug	\$14.00	\$11.00	\$18.00	_
	AS3	READING FOOD	LABELS		2 Aug	\$5.00	_	_	_
	AS4	READING FOOD	LABELS		16 Aug	\$5.00	_	_	_
	AS5	FINDING YOUR A	AUTHENTIC V	OICE	4 Aug	\$14.00	\$11.00	\$18.00	_
	AS6	LIBYA:FROM CAF	RTHAGE TO C	CHAOS	6 Aug	\$14.00	\$11.00	\$18.00	_
	AS7	CREATING MEMO	DRABLE CHAF	RACTERS	8 Aug	\$14.00	\$11.00	\$18.00	_
	AS8	SHOT HOLE BOR	RER RESPONS	SE	11 Aug	No	charge		
	AS9	FIRST AID FOR S	SENIORS		15 Aug	\$20.00	\$16.00	\$25.00	_
	AS10	THE PANDORA S	HIPWRECK:		16 Aug	\$14.00	\$11.00	\$18.00	_
	AS11	HISTORY OF FOO	OD IN ITALY:		18 Aug	\$43.00	\$40.00	_	_
	AS12	NAVIGATING THE	AGED CARE	SYSTEM IN WA	22 Aug	\$14.00	\$11.00	\$18.00	_
	AS13	SUSTAINABILITY	/ IN ACTION		22 Aug	\$14.00	\$11.00	\$18.00	_
	AS14	PELLEGRINO ARTU	JSI'S COOKBO	OK FOR ITALIANS	25 Aug	\$43.00	\$40.00	_	_
	AS15	THE PSYCHOLOG	GY OF COLOU	R	29 Aug	\$14.00	\$11.00	\$18.00	_
	AS16	DYING WITH DIG	GNITY		5 Sept	\$14.00	\$11.00	\$18.00	_
	AS17	MILLENNIUM KI	OS		6 Sept	\$14.00	\$11.00	\$18.00	_
	AS18	TOWN TALK: EAST	FREMANTLE (OVAL REDEVMNT	7 Sept	No	charge		
	AS19	WHY DON'T WES	ST AUSSIES S	SPEAK FRENCH?	15 Sept	\$14.00	\$11.00	\$18.00	_
	AS20	AUSLAN AND ME	<u> </u>		19 Sept	\$14.00	\$11.00	\$18.00	_
	AS21	JEWELLERY THR	OUGH THE A	GES	21 Sept	\$14.00	\$11.00	\$18.00	_
	BN1	Ukulele: Sing, St	trum & Pick (Level 2)	27 July	\$135.00	\$108.00		
	BN2	Ukulele: Sing, St	trum & Pick (Level 3)	25 July	\$135.00	\$108.00		
	BN3	THE ABRAHAMIC	RELIGIONS		3 Aug	\$160.00	\$128.00	_	
	BN4				5 Aug	\$140.00	\$112.00		
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	CO8	LUNCH & WINE	TOUR IN PER	IH HILLS	21 Sept	\$29.00	\$26.00	\$34.00	
AS21 JEWELLERY THROUGH THE AGES 21 Sept \$14.00 \$11.00 \$18.00 BN1 Ukulele: Sing, Strum & Pick (Level 2) 27 July \$135.00 \$108.00 BN2 Ukulele: Sing, Strum & Pick (Level 3) 25 July \$135.00 \$108.00 BN3 THE ABRAHAMIC RELIGIONS 3 Aug \$160.00 \$128.00									

ENROLMENTS

Х	Code	Course/Talk/Event	Start date	Memb.	Conc.	NonMem	Materials
	DM1	YOGA RESTORATIVE	26 July	\$112.00	\$90.00	_	_
	DM2	YOGA GENERAL	26 July	\$112.00	\$90.00	_	_
	DM3	IN-SPIRAL FLOW MOVEMENT	10 Aug	\$40.00	\$32.00		
	DM4	INTRO TO MEDITATION	10 Aug	\$60.00	\$48.00	_	_
	EC1	GHOSTS - MELVILLE THEATRE	14 Aug	\$23.00	_	\$28.00	
	EC2	WASO MORNING SYMPHONY	1 Sept	\$35.00	_	\$40.00	
	EC3	THE LADY KILLERS - HARBOUR THEATRE	11 Sept	\$25.00	_	\$30.00	
	FB1	LEARN TO CROCHET GRANNY SQUARES	27 July	\$45.00	\$36.00	_	*ttb
	FB2	SKETCHING AND PAINTING NATURE	5 Aug	\$80.00	\$64.00		*ttb
	FB3	LINO PRINTS WITH CHINE COLLÉ	20 Aug	\$60.00	\$48.00	\$70.00	\$20
	FB4	UPCYCLED T-SHIRT YARN BASKET	27 Aug	\$30.00	\$24.00	\$35.00	*ttb
	GL1	SPANISH, beginners ongoing (Tuesdays)	26 July	\$135.00	\$108.00		*ttb
	GL2	SPANISH, beginners ongoing, year 2	25 July	\$135.00	\$108.00		\$4.00
	GL3	SPANISH, Basic A1	26 July	\$180.00	\$144.00		\$4.00
	GL4	SPANISH on Mondays, Basic A2	25 July	\$180.00	\$144.00		\$4.00
	GL5	SPANISH, Intermediate B1	26 July	\$180.00	\$144.00		\$4.00
	GL6	ITALIAN, Intermediate	26 July	\$135.00	\$108.00		\$4.00
	GL7	FRENCH INTERMEDIATE	27 July	\$180.00	\$144.00		\$4.00
	GL8	FRENCH, ONGOING BEGINNERS	28 July	\$90.00	\$72.00		\$4.00
	GL9	FRENCH, MORE ADVANCED	28 July	\$180.00	\$144.00		\$4.00
	GL10	FRENCH, Ongoing	26 July	\$135.00	\$108.00		
	GL11	FRENCH on Friday	29 July	\$135.00	\$108.00		
	GL12	ITALIAN, Ongoing	27 July	\$135.00	\$108.00		
	HC1	GET ZOOM-SAVVY (mobile devices)	25 July	\$5.00			
	HC2	GET ZOOM-SAVVY (desktop/laptop computers)	1 Aug	\$5.00			
	HC3	PHOTOBOOKS	8 Aug	\$20.00	\$16.00	\$25.00	
	HC4	FACEBOOK MARKETPLACE	8 Aug	\$20.00	\$16.00	\$25.00	
	HC5	STORING YOUR DATA	15 Aug	\$20.00	\$16.00	\$25.00	
	HC6	MANAGING YOUR EMAILS	15 Aug	\$20.00	\$16.00	\$25.00	
	HC7	iPHONE/iPAD starter	16 Aug	\$20.00	\$16.00	\$25.00	
\Box	HC8	eBOOKS and eBOOK READERS	16 Aug	\$20.00	\$16.00	\$25.00	
	HC9	USING CALENDAR ON YOUR MOBILE	22 Aug	\$20.00	\$16.00	\$25.00	
	HC10	PERSONALISE YOUR iPHONE/IPAD	30 Aug	\$20.00	\$16.00	\$25.00	
	HC11	MASTERING MOBILE PHOTOGRAPHY	30 Aug	\$40.00	\$32.00	_	
	HC12	THE WONDERFUL WORLD OF PODCASTS	6 Sept	\$20.00	\$16.00	\$25.00	
	HC13	TAMING YOUR GADGET	13 Sept	\$20.00	\$16.00	\$25.00	
	HC14	ANDROID PHONE/TABLET STARTER	13 Sept	\$20.00	\$16.00	\$25.00	
Ш	HC15	COMPUTER HELP DESK Phone	to book	\$25.00		\$30.00	
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