



PROGRAMME TERM 2, 2024 - Monday 22 April to Sunday 30 June

Enrolments open Wednesday 17 April 8.30am in person, 9am on-line

Evening and weekend courses and events are highlighted with a coloured star

SPEAKERS UNLIMITED

HEATHCOTE PSYCHIATRIC HOSPITAL WA: AS1
An historical glimpse at nursing
Julia Crook, author
Monday 29 April, 10 - 11am

Julie will take us on an historical journey, highlighting the events leading up to the opening of Heathcote in 1929, a look at nursing through the decades and the history of mental health Services in WA from the time of colonisation. Oral histories taken during the writing of the book and spanning 65 years will bring this history to life. Julie's book will be available for purchase (\$25).

Memb \$14 / Memb conc \$11 / Non-memb \$18



AN INTRO TO CLASSICAL MUSIC
Hans Hug, Director of Fremantle Chamber Orchestra
5 Wednesdays: 1 - 29 May, 9 - 10am

In this musical appreciation series Hans will introduce us to classical music, with a focus on listening. With the help of music samples, we'll explore the various genres and styles of classical music and the key features and composers of each classical period. Questions welcome along the way!

Enrol in one talk or all five.

TALK 1: WHAT IS CLASSICAL MUSIC AS2
- Symphony, Concerto, Opera, Chamber Music
Wednesday 1 May, 9 - 10am

TALK 2: AS3
Medieval, Renaissance and Baroque periods
Wednesday 8 May, 9 - 10am

TALK 3: AS4
Classic and early Romantic periods
Wednesday 15 May, 9 - 10am

TALK 4: AS5
Late Romantic, Impressionism, Expressionism, 20th Century, Post Modernism periods
Wednesday 22 May, 9 - 10am

TALK 5: AS6
Fremantle Chamber Orchestra
Wednesday 29 May, 9 - 10am

Per talk: Memb \$14 / Memb conc \$11 / Non-memb \$18

STORY SKILLS FOR THE WRITER AS7
Dr Alan Hancock, educator & writer
Friday 3 May, 10 - 11am

Good story-telling is at the heart of all effective communication. Not convinced? Then ask yourself why US government agencies such as the Department of Defense and the Environmental Protection Agency are both investing big in story-telling and finding ways to apply the power of stories to impact readers and listeners. So what makes for a good story? What links 'The Hobbit', 'Romeo and Juliet' and 'The Thursday Murder Club'? They are all great pieces of writing - Alan will explain how we can learn from them and communicate with a reader or listener.

Memb \$14 / Memb conc \$11 / Non-memb \$18

UNDERSTANDING EUROPE AND THE EU AS8
Hajo Duken, lawyer
Monday 6 May, 10 - 11.30am

If you have ever travelled to, worked in or done business with Europe, chances are that you have been subject to European Law. What does this mean? Hajo, a German and Australian lawyer, will - without being too technical - give us an overview of the post WWII legal frameworks that Europe has been built on. He will explore questions such as: Is the EU a country? What are the EU institutions? Which countries have the Euro? What is the Schengen Area? What does it mean to be an EU citizen?

Memb \$14 / Memb conc \$11 / Non-memb \$18



STANDING UP TO OSTEOARTHRITIS

Aurelie Blumann

Tuesday 7 May, 9 - 10.15am

It's the most common reason why people become inactive - and for some people osteoarthritis can be quite debilitating. Physiotherapist Aurelie explains symptoms and the disease process as part of the GLA:D approach to managing hip and knee osteoarthritis. This programme originated in Denmark as Good Living with Arthritis. You'll learn why being active can help, and importantly, what movements are best to improve your arthritis symptoms and, support your joints. Try them here, and take them home.

Memb \$14 / Memb conc \$11 / Non-memb \$18

'THE COCKNEY ARTIST': the work of William Hogarth

Elton Brown, history tutor

Thursday 9 May, 9.30 - 10.45am

Elton's entertaining and informative presentation examines Hogarth's artworks which were inspired by the popular culture of 18th-century London. Hogarth's art, described as 'comic history paintings', are a distinctive British contribution to European art in the way they capture the highs and lows of contemporary London life, many carrying a strong moral message against the surrounding vices.

Memb \$14 / Memb conc \$11 / Non-memb \$18



SPINELESS WONDERS

David Knowles

Tuesday 14 May, 9 - 10am

Author, wildlife photographer, teacher and long-time citizen scientist, David will introduce us to the wonderful biodiversity in invertebrates, the largest group of creatures on land. Among other things, we'll learn about the vital roles played by macroinvertebrates in our environment as cleaners, pollinators, recyclers, sources of food, prey and predators.

Memb \$14 / Memb conc \$11 / Non-memb \$18

BEHIND THE CONFLICT

Jafar Ramini

Saturday 18 May, 10.30 - 11.30am

Palestinian writer and political analyst Jafar Ramini describes what he sees as Israel's plan to colonise Palestine. Come for a view that you're not likely to encounter in our media.

Memb \$14 / Memb conc \$11 / Non-memb \$18

A TASTE OF TAIWAN:

treasures of Taipei and the Pacific north-west

Jane Cousins

Thursday 6 June, 10 - 11am

While in Australia Taiwan is known mostly for its geopolitical significance, few know much beyond its status as the potential trigger of conflict between China and the US (and Australia). Providing a different perspective on this small but surprising nation, Jane looks at cultural highlights of Taiwan's capital city, Taipei, and the natural wonders of its mountainous north west, which she recently visited.

Memb \$14 / Memb conc \$11 / Non-memb \$18

AS9

THE BIRTH OF MUSSOLINI'S FASCIST DICTATORSHIP

Dr Fausto Butta, Italian historian

Monday 10 June, 10 - 11am

One hundred years ago, on 10 June 1924, the leader of the Italian Socialist Party, Giacomo Matteotti, was kidnapped and killed by a fascist squad. Six months later Mussolini launched a series of 'very fascist' laws which cancelled all civil and political rights and liberties in Italy for the next 20 years. Fausto will shed light on the events, characters, historical context and spirit of that dark time, as the assassination of political opponents by authoritarian regimes around the world seemingly continues.

Memb \$14 / Memb conc \$11 / Non-memb \$18

GRANDMOTHERS FOR REFUGEES

Christabel Chamarette

Wednesday 12 June, 9 - 10am

Who are Grandmothers for Refugees and why are they such an active group in Australia? Hear from Christabel and others from G4R about the personal stories that motivate their concern for Australia's detention policies regarding asylum seekers and treatment of refugees who arrive by boat.

Memb \$14 / Memb conc \$11 / Non-memb \$18

FROM THE SOLAR SYSTEM TO THE FRONT PAGE

Celine Brun, astrologer

Friday 14 June, 10 - 11.15am

Astrologers claim that planetary movements play an important role in shaping the tapestry of human experience. The alignment of planets can have profound impacts on an individual's behaviour, psyche and decision making process. Drawing from key historical events and examples from the lives of some well-known celebrities, Celine will demonstrate the intricate connections between planetary positions and political affairs, cultural trends, societal movements and the lives of individuals. She will also explore the current astrological landscape and it's potential.

Memb \$14 / Memb conc \$11 / Non-memb \$18

WHY IS IT CALLED THE BLACK FOREST?

Christa Kaltenbrunn-Long

Friday 21 June, 10 - 11.30am

Join Christa to learn some trivial and not so trivial tales about the black forest - from family life in the foothills of the forest, to cuckoo clocks, the Hornberg Castle, Hansel and Gretel, a museum specialising in houses, white asparagus and of course the famous Black Forest cake. Afterwards enjoy a cuppa and a slice of delicious Blackforest cake.

Memb \$14 / Memb conc \$11 / Non-memb \$18 / + \$4 for cake & cuppa



AS11

AS12

AS13

AS15

AS16

AS17

NOT SO TRIVIAL PURSUITS

UKULELE: Glyde Sing, Strum & Pick, Level 3 (ongoing) BN1
Shirley Guy
9 Mondays: 22 April - 24 June, 1 - 2.30pm
(no class 3 June)
An ongoing class, suitable for those able to play Lil Rev's Ukulele Method Book 2. Not suitable for beginners.
Member \$135 / Member conc \$108

DEMOCRACY BN2
Ruperto Nunez
8 Mondays: 29 April - 24 June, 1.30 - 3.30pm
(no class 3 June)
Democracy is a common form of government, as well as an ideal not always achieved. We'll look at the different forms that democracy has taken and the key ideas of political and social thinkers such as Plato and Rousseau. We'll see how issues such as universal education, abolition of slavery and labour unionisation are related to the concept and practice of democracy. This is also an opportunity to explore the stability or otherwise of our own democracy in the context of the challenges of the twenty-first century.
Member \$160 / Member conc \$128

THE PHILOSOPHICAL LIFE BN3
Meera Finnigan
8 Thursdays: 2 May - 20 June, 1 - 3pm
If you are a person who values ideas and enjoys discussing them; if you are curious about human life and how best to live it; if you question the ethical problems facing this world of ours, then living a philosophical life is most probably important to you. In this class we'll explore the ideas of key thinkers from both Western and Eastern traditions along with some distinguished women philosophers. And most of all, the group discussions will be a foremost inspiration for us all.
Member \$160 / Member conc \$128

HOW TO USE STORY-TELLING IN YOUR WRITING BN4
Dr Alan Hancock, educator and writer
3 Mondays: 6 - 20 May, 10.00am - 12.30pm
No matter what you're writing, you need to tell a story. Whether it's fiction or non-fiction, biography or a business report, emails or information - your reader will engage better with your material if you weave it into a story. What is it about a great story that holds a reader? We'll learn about structure and emotion from the great stories, from Harry Potter and Romeo and Juliet to *The Thursday Murder Club*. They are all fine pieces of writing that can show us how to communicate with words. This course will be hands-on, practical and fun.
Member \$75 / Memb conc \$60

SOUND HEALING AND MEDITATION BN5
Sian Brown
Sunday 19 May, 2 - 4pm
In the ancient practice of sound healing, the sound frequencies slow down brain waves to a deeply restorative state, and this activates the body's system of self-healing. Harmonious tones wash over you in this deeply rejuvenating and soothing experience. Come and enter a meditative sound bath of crystal singing bowls and gongs, with operatically trained sound healer Sian Brown. Enjoy from a chair or on a yoga mat. Come as you are, bring a blanket, a yoga mat and a bottle of water.
Member \$20 / Memb conc \$16 / Non-member \$25

OLD FASHIONED GAMES BN6
Gordon MacNish
Friday 24 May, 1 - 3.30pm
Maybe you love to play table games with friends, but you find Scrabble/Mahjong/Bridge too hard or too competitive. Let's play those easy board games we loved when we were kids. Games like Snakes and Ladders, Ludo, Chinese Chequers and Dominoes. No scores kept and no prizes; just some easy fun, some good laughs and some memories of the 'good old days' before games were played on a computer or smartphone.
Member \$6 / Non-memb \$10

BEGIN WRITING YOUR MEMOIR BN7
Rosemary Argue
4 Fridays: 7 - 28 June, 9.30am - 12.30pm
Do you aspire to write a memoir but don't know how to start? Through teaching and exercises you'll learn what makes a good memoir and how to start writing your own. The course will cover themes, how to get the words down in a first draft and avoiding writer's block. Next, redrafting and editing, finishing up with a brief overview of publication options. Suitable for beginner writers.
Member \$120 / Memb conc \$96

MIND & BODY

If possible, please bring your own mat and other props to your class. Continuing students will need to re-enrol.

YOGA RESTORATIVE (TUES) CM1
Uwe Oswald
10 Tuesdays: 23 April - 25 June, 4.30 - 5.45pm
This class will be relaxing and restorative, not demanding. Wonderful for sore backs. Bring your own bolster and blocks if you have them.
Member \$125 / Member conc \$100

YOGA GENERAL (TUES) CM2
Uwe Oswald
10 Tuesdays: 23 April - 25 June, 6 - 7.15pm
Learn yoga postures and the art of relaxation. All ages and levels welcome. Suitable for anyone who can move from standing to floor with relative ease.
Member \$125 / Member conc \$100

YOGA RESTORATIVE (WED) CM3
Penny Caputi
9 Wednesdays: 24 April - 19 June, 4.30 - 5.45pm
Relax & reconnect to your innate capacity for healing. Through mindfulness & turning inwards we release old patterns and bring our whole body, mind & soul back into alignment. Suitable for anyone who can move from standing to floor with relative ease. Wear loose comfy clothing.
Member \$113 / Member conc \$90

YOGA GENERAL (SAT) CM4
Uwe Oswald
10 Saturdays: 27 April - 29 June, 8 - 9.15am
Learn yoga postures and the art of relaxation. All ages and levels welcome. Suitable for anyone who can move from standing to floor with relative ease.
Member \$125 / Member conc \$100

IN-SPIRAL FLOW MOVEMENT

CM5

Christine Jaroszewski-Consani, ballet/dance teacher

4 Tuesdays: 30 April - 21 May, 3 - 4pm

These classes, using elements of the Gyrokinesis® method and free-form exploration, will focus on the gentle, restorative aspects of breath and circular, flowing sequences both seated on stools and standing up. The movement patterns are gentle and flowing and encourage participants to follow their bodies at their own pace with the support of music to add some fun and creative expression. The benefits are feelings of rejuvenation, increased vitality and well-being. Suitable for those seeking gentle, safe and low-impact exercise, including those with pain or restriction of movement. Wear loose comfy clothing.

Memb \$40 / Memb conc \$32

TAI CHI

CM6

Ruperto Nunez

9 Wednesdays: 1 May - 26 June, 12.15 - 1.15pm

Experience this gentle form of exercise that can help maintain strength, flexibility and balance. Movements are designed to increase the strength and flow of your internal energy. It involves the practice of mind and body coordination which assists in all aspects of daily life. Ruperto has been practicing tai chi for many years.

Memb \$90 / Memb conc \$72

FRIDAY GLYDERS

CM7

Dianne Hunter

11 Fridays: 19 April - 28 June, 8am

Meet at a different café each week for a one hour walk to explore the best of the southern suburbs before returning to the starting point for coffee together. Discover new friends, new places and cafes while enjoying scenic locations, photo ops, urban art and wildlife along the way. Everyone can walk at their own pace before returning to the cafe for coffee together. Maximum 10 people. Ongoing walkers will need to re-enrol.

Memb \$15 / Memb conc \$12

ALEXANDER TECHNIQUE

CM8

Sandra Dobbs

4 Thursdays: 9 - 30 May, 11am - 12.30pm

Improve your balance and poise, reduce postural pain and find joy in everyday movement. Through the exploration of simple daily movements such as sitting, standing, walking & other regular tasks we'll be introduced to the principles of the Alexander Technique, a learned skill to improve our coordination, movement and general well-being. We'll spend some time in the semi supine position on the floor, so wear loose comfortable clothing. Suitable for beginners as well as those wanting to explore the technique further. Sandra has been teaching Alexander Technique for many years, and with WAAPA for the last 8 years.

Memb \$60 / Memb conc \$48

BIODANZA – the dance of life

CM9

Robyn Bullock

5 Fridays: 10 May - 7 June, 10.30am - 12pm

Get your body moving to fabulous sounds of salsa, jazz, pop, classical, African and South American music and leave the stressors of life behind. There are no dance moves to learn, you are free to move and be inspired by the instincts of life. Become more in balance and in harmony with yourself and with a deeper connection to others. Suitable for both ongoing and new participants, regardless of age or ability.

Memb \$75 / Memb conc \$60

Our bus trips are brought to you by volunteer organisers, drivers and hosts. Buses depart on time from Prinsep Road, Melville (south of Canning Highway). Return times are approximate. If you can't make it please let us know beforehand on 9339 3964, or on the day use the contact number of your Glyde-In host.

ENDERSLEA FARM

DO1

Mal Christison

Friday 3 May, 9.45am - 4pm

Bus trip. Our tour begins with a light finger-food lunch and tea or coffee at Peace Be Still, a farm stay property in a beautiful bushland setting. A short drive brings us to historic Enderslea Farm in the heart of the scenic Chittering Valley. After our tour of the homestead and farm we'll retire to the historic stone barn to enjoy The Boy In The Bush - a live theatre production, based on the book by WA author Molly Skinner in collaboration with D H Lawrence, renowned author of Lady Chatterley's Lover and Sons and Lovers, who visited Perth in 1922. A 'farm fare' afternoon tea will be provided by the Bindoon CWA, plus free wine tasting from Bindoon Estate Wine. The weather in May can be cold so dress suitably and wear flat shoes suitable for walking around a farm. (Light lunch and afternoon tea both included in the price.)

Meet opposite 16 Prinsep Road, Melville at 9.45am for 10am departure.

Book by 26 April

Memb \$93 / Memb conc \$88 / Non-memb \$98

ITALIAN CLUB DINNER

DO2

Barbara Saba

Friday 10 May, 7pm

Meet there. Dinners at the Italian Club are cooked by the club members, usually the real Italian nonnas. The May dinner is for Mother's Day so the food will be extra special. There will be entertainment and plenty of opportunity for a dance if you feel inclined. Please arrive a little early for ease of parking (free) and ask for Barbara's table. You can purchase drinks from the bar. You may want to bring some cash for raffle tickets - prizes on the day are always good.

Meet at the Italian Club, 65 Marine Terrace, Fremantle

Book by 1 May

Memb \$53 / Memb conc \$48 / Non-memb \$58

MOTOR MUSEUM OF WA AND OAKOVER WINERY

DO3

Viveca Rains

Wednesday 15 May, 8.15am - 4pm

Bus trip. Rev up your engine, dust off the duco and check out some motoring magnificence at the Motor Museum of WA. With over 200 vehicles, the permanent collection includes a 1974 Leyland Force 7 Coupe (one of only ten left in the world), a 1912 Model T Ford, a Phantom 6 Rolls Royce and a Torana A9X, the sort of car that Peter Brock used to race. There is also a large display of motorbikes for the two-wheel inclined. The pride of the exhibits is the 2014 Red Bull RB10 racing car owned by Perth Formula One driver, Daniel Ricciardo in which he won his first-ever F1 Grand Prix race. For those not-so-interested in cars, there are plenty of other attractions in Whiteman Park including the Bennet Brook Railway and Caversham Wildlife Park. After 2 hours at Whiteman Park, we will drive to the beautiful

Oakover Grounds in the heart of the Swan Valley, to enjoy wine & beer and seasonal food straight from the kitchen (at own expense).

Meet opposite 16 Prinsep Road, Melville at 8.15am for 8.30am departure

Book by 1 May

Memb \$43 / Memb conc \$38 / Non-memb \$48

WA BIRDS OF PREY CENTRE

DO4

Barry Ross

Friday 24 May, 8.45am - 3pm

Bus trip. The WA Birds of Prey Centre provides an exciting and informative opportunity to get up close and personal with nature's top predators. We'll have a private tour including an educational talk and visual display. We'll get an insight into how unique these birds are, what role they play in our environment and how susceptible they are to human activity. If you are lucky you may even get the chance to hold and touch the birds. After the tour, we shall head to the Whistlers Chocolate Company and Café for lunch (at own expense).

Meet opposite 16 Prinsep Road, Melville at 8.45am for 9am departure

Book by 17 May

Memb \$55 / Memb conc \$50 / Non-memb \$60

PERTH OBSERVATORY - DARK NIGHT SKY TOUR

DO5

Celine Brun

Friday 31 May, 4 - 10.30pm

Bus trip. Experience our amazing night sky through a wide range of telescopes. We have chosen a Dark sky night (the moon is waning and is in the last quarter) so that we can see a large number of celestial objects in the sky. Volunteers at the observatory will explain how to use the telescopes and describe what we are seeing. You will also be able to browse the observatory museum and see historical instruments, the meteorite exhibit and astro-photographs. Dinner will be at the Kalamunda Hotel (at own expense). Come dressed suitably for the colder temperatures in the hills and the dark night and wear comfortable walking shoes. The ground can be uneven so take care, stay with the group and follow the instructions of the Observatory staff.

Meet opposite 16 Prinsep Road, Melville at 4pm for 4.15pm departure

Book by 17 May

Memb \$71 / Memb conc \$66 / Non-memb \$76

WA BALLET OPEN FRIDAY

DO6

Julie Robertson

Friday 7 June, 10.30am - 3.30pm

Bus trip. Be inspired by the dancers of the WA Ballet as they prepare their minds and bodies for the full day of rehearsals ahead. We are privileged to watch as the dancers work through exercises on the barre to the more complicated routines, all accompanied by beautiful live piano music. Witness the sheer dedication that goes into acquiring the purity of classical ballet technique. As the company is in season we start a little later this time (from 11.45am). After the 90 minute practice session we will adjourn to the Inglewood Hotel for lunch (at own expense).

Meet opposite 16 Prinsep Road, Melville at 10.30am for 10.45am departure

Book by 24 May

Memb \$47/ Memb conc \$42/ Non-memb \$52

EAST PERTH CEMETERIES & PENINSULA FARM TOUR

Eileen Burns

DO7

Friday 14 June, 9.15am - 2.30pm

Bus trip. Let's explore our colonial history in East Perth and Maylands. At the East Perth Cemeteries, we'll experience stories of life and death written in stone. From the murder of Rosalinda Fox near Gallop House in Dalkeith to the treatment of early Chinese migrants and heartbreaking tales of infant mortality, East Perth Cemeteries hold thousands of stories from Perth's past and provide a record of the first 70 years of European migration. Afterwards we'll head to the Peninsula Farm, one of the earliest residences still standing in the Perth metropolitan area, a window into the challenges and triumphs of early agricultural and family life in the colony. We'll have lunch at the Peninsula Farm Cafe on the banks of the Derbal Yerrigan/Swan River (at own expense).

Meet opposite 16 Prinsep Road, Melville at 9.15am for 9.30am departure

Book by 31 May

Memb \$48/ Memb conc \$44 / Non-memb \$53

EAST FREMANTLE HERITAGE TRAIL

DO8

Eileen Burns

Thursday, 20 June, 10am - 12pm

Walking tour, meet there: East Fremantle has a diverse history, full of many interesting characters. Experience its history on this Town of East Fremantle Heritage Trail, a 3km walk featuring buildings of historical and architectural interest, most dating back to the 1890's to 1900's. We'll discover historic hotels, the Town Hall, the former Police Station, former Post and Telegraph Office, the Swan Brush Factory, and the Royal George Hotel. East Fremantle became a separate municipality in 1897 and it's separate identity to the centre of Fremantle is noticeable. We'll end our tour with lunch at Beach St Co for some tasty bites and great views (at own expense). The activity level is moderate; we will walk for 3km over 2 hours. Dress for the weather, with comfortable shoes, and bring a hat, water bottle and camera.

Meet at Bon Scott Mural Car Park (Under Stirling Traffic Bridge), corner of Andrews Road and Riverside Road, East Fremantle (across the road from the Left Bank carpark)

Book by 6 June

Memb \$15 / Memb conc \$12 / Non-memb \$18



Meet others and enjoy wonderful entertainment. Collect your WASO ticket/s from the Glyde-In office when notified.

Theatre tickets will be handed out by your Glyde-In host at the theatre on the day 30 - 15 minutes prior to curtain up.

SWEET ROAD - MELVILLE THEATRE EC1 Sunday 12 May, 5pm

Jo's running from her husband, Yasmin's hitchhiking towards true love, Frank's longing for escape, Michael's grieving for his dead son, Andy and Carla are grappling with screaming kids and a dodgy car... disparate lives that collide and connect on the open road. For some, the road leading away from broken hearts and broken dreams, for others a road leading to exciting new ones. The same road. The sweet road. An outback Australian drama written by Debra Oswald and directed by Vanessa Jensen.

Meet at the new venue, Melville Civic Centre Main Hall, entry from Davy St, Booragoon

Book by 1 May

Memb \$25 / Non-Memb \$30

WASO MORNING SYMPHONY, Tales of legends EC2 Thursday 23 May, 11am - 12pm

Be transported by the ethereal melodies of Mel Bonis' Trois femmes de légende, an evocative tribute to legendary heroines. Rimsky-Korsakov's Scheherazade weaves an intoxicating musical story of love and intrigue with pure sensory allure and breathtaking beauty. Rising star Jen Winley leads this thrilling concert.

Concerts are held at Perth Concert Hall

Book by 26 April

Memb \$35 / Non-Memb \$40

PYGMALION - GARRICK THEATRE EC3 Mal Christison

Sunday 9 June, 10.15am - 4pm

Meet there/train: We'll catch the 11.12am train to Guildford in time for lunch at The Guilford Milk Bar (at own expense).

It's then a 10 minute walk to the heritage-listed Garrick Theatre club where we'll see George Bernard Shaw's classic *Pygmalion*. Henry Higgins, a phonetician, accepts a bet that simply by changing the speech of a Cockney flower seller he will be able, in six months, to pass her off as a duchess.

After Eliza completes the gruelling training, she successfully 'passes' in high society - having in the process become a lovely young woman of sensitivity and taste. Higgins then dismisses her abruptly as a successfully completed experiment.

Meet at Fremantle train station at 10.55am or at Guilford Station at 12.04am

Book by 9 May

Memb \$33 / Memb conc \$31 / Non-Memb \$36



OUTBACK AND OCEAN IN PASTELS FB1

Jane Lidbetter

4 Fridays: 26 April - 17 May, 1 - 3.30pm

We will explore the beautiful colours of the outback and seascapes around the coast. You'll learn the techniques of using pastels and colour theory to produce vibrant images from around Australia. Suitable for both beginners and continuing students.

Things to bring: soft pastels in box form or separate sticks - blue, green, purple, red, orange, yellow, brown, ochre. Jane will supply paper at a minimum cost.

Memb \$100 / Memb conc \$80 / + \$10 mtls/& things to bring

DRAWING FOR FUN FB2

Mal Cunningham

4 Fridays: 3 - 24 May, 10am - 12pm

Drawing is the basis of visual art and a direct way of explaining ideas, recording information and expressing the visible world. We will explore observational drawing and use our drawings to investigate others areas such as painting or printmaking as well as pastel. Please bring an A3 cartridge pad, sharpener, eraser and a range of pencils HB to 6B. Beginners and more experienced students are welcome.

Memb \$80 / Memb conc \$64 / & things to bring

TINY BASKETS FB3

Terri Pellatt

Tuesday 14 May, 1 - 3pm

Using just hemp and cotton threads and a needle, learn to create a perfectly-formed miniature basket with its own unique spiralling form. These baskets are exquisitely tiny and make a very personal gift. You'll be able to go on to create others, shaping them as you like - open bowl-shape, flat, or closed and secretive, however you fancy. Peaceful, meditative work. Bring medium size sharp needles and scissors.

Memb \$20 / Memb conc \$16 / Non-memb \$25

+ \$15 mtls/& things to bring

FADING RIPPLES FB4

Jennine Irving, BeeMi Imaginings Art & Music

Saturday 18 May, 1 - 4pm

Discover the mesmerising world of Alcohol Inks. Learn how to create depth and contrast using a hairdryer technique to make the ink dry in flowing ripples of colour. You will also explore how to use the isopropyl to create gradual fades of colour to give a delicate, soft look to your artwork. You will take home a number of finished pieces elegantly decorated with ripples and fades. Suitable for all skill levels. All materials provided. Wear old clothes and/or an apron

Memb \$30 / Memb conc \$24 / Non-memb \$35/ + \$25 mtls

MOSAICS FB5

Leisa Antonio

3 Tuesdays: 4 - 18 June, 1 - 3pm

Mosaics is one of the oldest and most mesmerizing creative arts in the world. Over three weeks Leisa will guide you through the steps involved: the safe cutting of ceramic tiles and other tesserae, creating your design, adhering your tiles and grouting, and pulling your masterpiece together. You'll leave with new skills and your mosaic plaque project. Suitable for both beginners and those with some experience.

Memb \$60 / Memb conc. \$48 / + \$80 materials

SPANISH

SPANISH, beginners ongoing (Mondays) GL1

Ruperto Nunez

9 Mondays: 22 April - 24 June, 4 - 5.30pm
(no class 3 June)

For the ongoing beginner, continue to learn the basics and build your vocabulary and confidence. Not suitable for complete beginners.

Memb \$135 / Memb conc \$108

SPANISH, Intermediate B1 GL2

Ruperto Nunez

10 Tuesdays: 23 April - 25 June, 9 - 11am

For those who have a good grasp of vocab and grammar. Here you'll learn to understand main points related to work, school, family & leisure, deal with most travel situations, describe experiences and events, and give brief reasons and explanations.

Memb \$200 / Memb conc \$160

SPANISH, Basic A1 GL3

Ruperto Nunez

10 Tuesdays: 23 April - 25 June, 11.30am - 1.30pm

If you know pronouns, present and simple past tenses and basic dialogue, this course will help you understand and use everyday expressions and basic phrases, be able to introduce yourself and others, and ask and answer personal questions.

Memb \$200 / Memb conc \$160

SPANISH, beginners continuing (Wed) GL4

Ruperto Nunez

10 Wednesdays: 24 April - 26 June, 9.30 - 11.30am

For those who have completed a term of Spanish with Ruperto or equivalent.

Membs \$200 / Memb conc \$160 / + \$4 materials

FRENCH

FRENCH, ongoing GL5

Millie Kursar

10 Tuesdays: 23 April - 25 June, 10.45am - 12.15pm

This class is currently full. Ongoing students will need to re-enrol.

Memb \$150 / Memb conc \$120

FRENCH, ongoing beginners A1 (Thurs) GL6

Pierrette Joseph

9 Thursdays: 2 May - 27 June, 10am - 12pm

For those who have been learning for a little while or who have learnt the basics of French in the past.

Memb \$180 / Memb conc \$144 / + \$4 materials

FRENCH, more advanced B1 GL7

Pierrette Joseph

9 Thursdays: 2 May - 27 June, 1 - 3pm

This class is currently full. Ongoing students will need to re-enrol.

Memb \$180 / Memb conc \$144 / + \$4 materials

ITALIAN

ITALIAN, ongoing GL8

Millie Kursar

10 Wednesdays: 24 April - 26 June, 10.45am - 12.15pm

This class is currently full. Ongoing students will need to re-enrol.

Memb \$150 / Memb conc \$120

ITALIAN, ongoing beginners GL9

Gavin Neilson

9 Wednesdays: 1 May - 26 June, 2 - 3.30pm

For those who have completed two semesters with Gavin or equivalent.

Memb \$135 / Memb conc \$108

LATIN

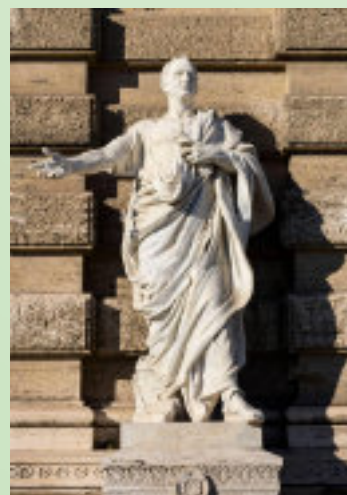
LATIN, ongoing GL10

Ruperto Nunez

10 Tuesdays: 23 April - 25 June, 2 - 4pm

For those who have completed one year of Ruperto's Intro to Latin course or equivalent.

Memb \$200 / Memb conc \$160



TOWN of
EAST FREMANTLE

**We acknowledge with thanks,
the continuing support of
the Town of East
Fremantle**

Our classes are small and friendly, our tutors patient. Courses are based on demand and require minimum numbers to go ahead. You can also use the one-on-one sessions through the Computer Help Desk for individualised support or advice. Bring your device (fully charged) and know your login details including passwords.

WELCOME TO APPLE (iPhone/iPad) HC1 **Monday 29 April, 8.45am - 10.45am** **Fay Gerhard**

A helpful overview of Apple phones and tablets, both for those who have a device or are pondering a purchase. This introduction will set you up for other iPad courses. Bring your device if you have one.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

WELCOME TO ANDROID (phone/tablet) HC2 **Fay Gerhard** **Monday 29 April, 11.15am - 1.15pm**

A helpful overview of Android phones and tablets, both for those who have a device or are pondering a purchase. Bring your device if you have one.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

FACEBOOK MARKETPLACE HC3 **Fay Gerhard** **Monday 6 May, 8.45am - 10.45am**

Facebook Marketplace can be a good source for treasures or to sell your unwanted goods. Discover how easy it is to market your items, and to buy too. And learn how to be safe and secure.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

RESEARCHING AND BOOKING TRAVEL ONLINE HC4 **Fay Gerhard** **Monday 6 May, 11.15am - 1.15pm**

This exciting topic shows you everything you need to know about safely researching and booking travel online. You'll find out some key tips for finding the best deals online, how you can safely access your finances while travelling and what you need to do if you plan on travelling with medications.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

WhatsApp HC5 **Fay Gerhard** **Monday 13 May, 8.45am - 10.45am**

WhatsApp lets you send messages, pictures, videos and voice over wi-fi. It works for iPhone talking to Androids too. Come and learn how.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

MAPS ON YOUR PHONE HC6 **Fay Gerhard** **Monday 13 May, 11.15am - 1.15pm**

Learn how to get the most out of Google Maps on your phone - from directions to locating a restaurant or petrol station nearby. Link it to your calendar and learn how to get the most out of it.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

TRANSFERRING PHOTOS HC7 **Fay Gerhard** **Monday 20 May, 8.45 - 10.45am**

Learn how to transfer photos and/or videos from your mobile phone to your computer or laptop. Fay will demonstrate different methods that you can use, no matter what type of phone you have. Bring along your mobile phone with any cables it came with.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

USING CALENDAR ON YOUR MOBILE HC8 **Fay Gerhard** **Monday 20 May, 11.15am - 1.15pm**

Why use the calendar? It is a useful tool to keep track of all your upcoming meetings, events, appointments. Never forget a milestone again, and be reminded of when to leave to get to your appointment on time. Calendars assist in visualising your schedule at any time, and are accessible at the touch of a button. Bring along your fully charged mobile.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

SETTING UP EMAILS HC9 **Fay Gerhard** **Monday 27 May, 8.45 - 10.45am**

You will learn how free email works, how to set up and manage your email accounts, how to block nuisance emails, report spam, unsubscribe to newsletters, plus how to change your password and even cancel your email account. You will also learn what actions you can take to spot and avoid common email scams.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

e-SAFETY HC10 **Fay Gerhard** **Monday 27 May, 11.15am - 1.15pm**

Do you know how to stay safe online? Come along to learn the essentials of online security - how to create strong passwords, spot scams, safely download files and the different payment options for online purchases.

Memb \$20 / Memb conc \$16 / Non-Memb \$25

COMPUTER HELP DESK HC11 **Fay Gerhard**

A one-on-one 30 minute session to deal with a particular issue or for individualised support in making the most of your device. Phone or book in person at the office. When enrolling please let us know what device you are using and an idea of what you need help with.

Memb \$25 / Non-Memb \$30



WHO WE ARE

Glyde-In Community Learning Centre has been operating since 1981. We offer courses, talks and activities that we hope will enrich members' enjoyment and knowledge, and foster a healthy community life. We aim to be a source of learning that doesn't cost the earth, that doesn't need prior knowledge or qualifications, and asks only a small commitment of time. Our courses are non-competitive and informal.

Glyde-In is a not-for-profit organisation managed by a

volunteer management committee. Our staff members work part time, and our volunteers play a significant role in the life of the Centre.

A copy of Glyde-In's constitution can be found on our website.

Most of our funding is generated through membership and course fees. We are also grateful for the support of the Town of East Fremantle through provision of our building and ongoing operational funding.

HOW TO ENROL

Enrolments open Wednesday 17 April at 8.30am in person (or online from 9am) and continue through the term, spaces permitting.

Any enrolments received early are processed on Enrolment Day. If your choice of activity is full you will be placed on a waitlist and we'll contact you if a place becomes available. All courses require a minimum number of enrolments to proceed. We will let you know if a course is cancelled.

Please choose carefully as refunds or credits are not issued if you cancel after enrolment week. However if you find that you can't attend, you're welcome to transfer your booking to another person; just let us know if you do.

We appreciate notification if you are not able to attend on the day.

Our enrolment form is on the last two pages and has a list of all courses and activities. Simply place an **X** against the ones you want. Circle the fees that apply, complete your name, membership and payment details. **A separate form is required for each person enrolling.**

Your receipt will list everything you're booked into and any for which you're on a wait list, as well as a list of things you might need to bring on the day, e.g. for an art class.

Non-members are able to take part in a single class or event per calendar year. If you wish to enrol in further activities, then a membership fee is required.

A WORD FROM THE CHAIR

Term One has been busy so far with lots on offer. I went on the Coogee Garden Restaurant tour and lunch which was fabulous. Although a little hot - 39 degrees - it was inspiring to see the garden layout and learn how they produce so much food there. This was followed by an imaginative and yummy lunch consisting of about 70% of their own produce.

Well done to the Out 'N About Committee who never cease to amaze me with the adventures they offer. I am also very happy to see the popularity of our art programmes with all classes full in term 1 and the participants buzzing around the centre full of creative ideas.

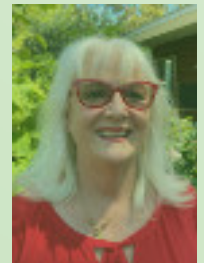
The Term Two programme is a mix of many ongoing 'in demand' courses such as languages, IT and yoga as well as some new offerings. I am particularly excited to see a new talk series on classical music. With my interest in travel and food I am also keen to hear the talk on the Black Forest plus sample the famous Black Forest Cake.

As you know Glyde-In is managed by a volunteer committee supported by over fifty volunteers. Most of our funding is generated through membership and course fees and we strive to keep both these costs as low as possible. The annual membership provides an important contribution to the financial stability of Glyde-In and so a special thanks to our many loyal members who automatically renew their membership when it falls due each year. We really appreciate your support and ongoing commitment.

Lastly, I would like to remind you to 'save the date' for a Glyde-In fundraising event scheduled for Sunday 26 May, 2 - 4pm. This will be an afternoon of musical performances and singalong from the Glyde's Choir and Ukelele group along with a delicious afternoon tea.

I look forward to seeing you at Glyde-In during term 2.

Jane Vallance
Chair, Glyde-In Management Committee



YOU'RE INVITED..... REGULAR GROUPS

GLYDE-IN GROUPS FOR MEMBERS

Phone the group convener for more information. If no phone is listed just come along. Most simply share the cost of room hire (\$20 per hour).

BOOK CLUB

2nd Monday / month, 3.45 - 5.45pm

\$5 per session. Books not provided. All welcome.
Jill Brown, 0433 402 401 / Glyde-In 9339 3964

CYCLING GROUPS

Monday and Wednesday mornings.

For the Monday group, contact Gordon 0419 858 960

For the Wednesday group, contact

Marilyn 0407 082 038

GLYDE-IN SINGERS

Tuesdays, 4 - 6pm

With Digby Hill. All welcome to sing folk, early mediaeval, African etc.

Venue: Sullivan Hall, Cnr. Stevens St & Nannine Ave, White Gum Valley.

\$15/session (cash only). First session FREE.

Just come along.

Contact Lyn 0405 124 618

MAHJONG

For experienced players.

Mondays, 1 - 3.30pm: Liz 0409 838 167

Fridays, 1 - 3.30pm: Jenny 0447 966 495

Thursdays 9.30am - 12pm: Maureen 0408 532 783

SCRABBLE

Wednesdays, 9.30 - 12pm.

All welcome, \$5 per session + \$1 morning cuppa.
9339 3964

THURSDAY WALKERS

Weekly, 8am sharp from Glyde-In for an hour's brisk walk, then coffee.

PRIVATE GROUPS & WORKSHOPS

Privately-run activities; for further information please phone the conveners.

COMMUNITY QUILTING

3rd Monday / month, 9.30am - 12.30pm

Supporting the WAQA Community Group that donates quilts to charities. If you can, please bring a sewing machine along. Lyn 0405 124 618

TWIN HEARTS MEDITATION

Thursdays, 6.30 - 8pm

A guided meditation to bless humanity, the earth and loved ones with peace, joy, healing and reconciliation. All welcome.

By donation.

Jan 0419 947 941 or Saira 0421 701 704

SAHAJA YOGA MEDITATION

Thursdays 7pm - 8pm

Self-realisation, peace and joy through a gentle, simple process. All welcome. No charge. 1300 724 252.

SOUND OF SOUL

2nd Saturday/month, 3 - 4pm

Singing HU has been practiced for thousands of years in one form or another for inner attunement... the person singing HU tunes in to a higher spiritual awareness.

—Harold Klemp, HU, the Most Beautiful Prayer, p. vii
Gold coin. Mark 0408 957 514

FRIDAY RIDERS

Departs Left Bank café Fridays, 8am

For those able to cruise at 20kms/hour.

Gordon 0419 858 960

QUAKERS (Religious Society of Friends)

Sundays, 10am - 12pm

All welcome to our mainly silent meetings for worship. Adrian 0450 732 100.



PARKING

It's street parking, and there is plenty of space in neighbouring streets.

Please never ever ever park across neighbours' driveways, no matter how late you may be for your class.



MEMBERSHIP

12 months \$40 / \$35 concession or \$25 East Fremantle resident. Single term \$20.

Concession is for holders of a Pension or Health Care Card (not seniors HCC) or DVA Gold Card.

You don't have to be an East Fremantle resident - everybody is welcome.

ROOM HIRE

Our comfortable rooms are available for hire, depending on availability which is often limited to evenings and weekends. Room costs: \$20/hour for groups initiated and run by Glyde-In members, \$23 for non-profit groups not affiliated with us, and \$30 otherwise. Groups charging a participant fee require their own public liability insurance. Please phone us for details of availability.

ENROLMENTS

Title	Miss/Ms/Mrs/Mr/Dr	First name	Last name	
<i>This shaded coloured section is for new members only</i>				Emergency
Phone			Mobile	
Address				
Suburb		Postcode	Email	
Membership (if due) <input type="checkbox"/> \$40 Full <input type="checkbox"/> \$35 conc <input type="checkbox"/> \$25 East Fremantle resident <input type="checkbox"/> \$20 Single term				
Concession membership applies to those holding a Pension or Health Care Card or DVA Card No:				

Please indicate the courses that you are enrolling in by marking a cross in the first column and circling the fees that apply

X	Code	Course/Talk/Event	Start date	Memb.	Conc.	NonMem	Material
	Membership fee - renewal or new member. Circle relevant fee or leave blank if current			\$40.00	\$35.00	\$20.00	\$25.00EF
	AS1	HEATHCOTE PSYCHIATRIC HOSPITAL WA:	29 Apr	\$14.00	\$11.00	\$18.00	—
	AS2	TALK 1: WHAT IS CLASSICAL MUSIC	1 May	\$14.00	\$11.00	\$18.00	—
	AS3	TALK 2: Medieval, Renaissance and Baroque.....	8 May	\$14.00	\$11.00	\$18.00	—
	AS4	TALK 3: Classic and early Romantic periods	15 May	\$14.00	\$11.00	\$18.00	—
	AS5	TALK 4: Late Romantic, Impressionism.....	22 May	\$14.00	\$11.00	\$18.00	—
	AS6	TALK 5: Fremantle Chamber Orchestra	29 May	\$14.00	\$11.00	\$18.00	—
	AS7	STORY SKILLS FOR THE WRITER.	3 May	\$14.00	\$11.00	\$18.00	—
	AS8	UNDERSTANDING EUROPE AND THE EU	6 May	\$14.00	\$11.00	\$18.00	—
	AS9	STANDING UP TO OSTEOARTHRITIS	7 May	\$14.00	\$11.00	\$18.00	—
	AS10	'THE COCKNEY ARTIST' - Hogarth....	9 May	\$14.00	\$11.00	\$18.00	—
	AS11	SPINELESS WONDERS	14 May	\$14.00	\$11.00	\$18.00	—
	AS12	BEHIND THE CONFLICT	18 May	\$14.00	\$11.00	\$18.00	—
	AS13	A TASTE OF TAIWAN:	6 Jun	\$14.00	\$11.00	\$18.00	—
	AS14	BIRTH OF MUSSOLINI'S FASCIST DICTATORSHIP	10 Jun	\$14.00	\$11.00	\$18.00	—
	AS15	GRANDMOTHERS FOR REFUGEES	12 Jun	\$14.00	\$11.00	\$18.00	—
	AS16	FROM THE SOLAR SYSTEM TO THE FRONT PAGE	14 Jun	\$14.00	\$11.00	\$18.00	—
	AS17	WHY IS IT CALLED THE BLACK FOREST?	21 Jun	\$14.00	\$11.00	\$18.00	\$4.00
	BN1	UKULELE: Glyde Sing, Strum & Pick Level 3	22 Apr	\$135.00	\$108.00	—	—
	BN2	DEMOCRACY	29 Apr	\$160.00	\$128.00	—	—
	BN3	THE PHILOSOPHICAL LIFE	2 May	\$160.00	\$128.00	—	—
	BN4	HOW TO USE STORY-TELLING IN YOUR WRITING	6 May	\$75.00	\$60.00	—	—
	BN5	SOUND HEALING AND MEDITATION	19 May	\$20.00	\$16.00	\$25.00	—
	BN6	OLD FASHIONED GAMES	24 May	\$6.00	\$6.00	\$10.00	—
	BN7	BEGIN WRITING YOUR MEMOIR	7 Jun	\$120.00	\$96.00	—	—
	CM1	YOGA RESTORATIVE (TUES)	23 Apr	\$125.00	\$100.00	—	—
	CM2	YOGA GENERAL	23 Apr	\$125.00	\$100.00	—	—
	CM3	YOGA RESTORATIVE (WED)	24 Apr	\$113.00	\$90.00	—	—
	CM4	SATURDAY YOGA	27 Apr	\$125.00	\$100.00	—	—
	CM5	IN-SPIRAL FLOW MOVEMENT	30 Apr	\$40.00	\$32.00	—	—
	CM6	TAI CHI	1 May	\$90.00	\$72.00	—	—
	CM7	FRIDAY GLYDERS	19 Apr	\$15.00	\$12.00	—	—
	CM8	ALEXANDER TECHNIQUE	9 May	\$60.00	\$48.00	—	—
	CM9	BIODANZA - The dance of life	10 May	\$75.00	\$60.00	—	—
	DO1	ENDERSLEA FARM	3 May	\$93.00	\$88.00	\$98.00	—
	DO2	ITALIAN CLUB DINNER	10 May	\$53.00	\$48.00	\$58.00	—
	DO3	MOTOR MUSEUM OF WA & OAKOVER WINERY	15 May	\$43.00	\$38.00	\$48.00	—
	DO4	WA BIRDS OF PREY CENTRE	24 May	\$55.00	\$50.00	\$60.00	—
Total cost for this page							

ENROLMENTS

X	Code	Course/Talk/Event	Start date	Memb.	Conc.	NonMem	Materials
	DO5	PERTH OBSERVATORY - DARK NIGHT SKY TOUR	31 May	\$71.00	\$66.00	\$76.00	—
	DO6	WA BALLET OPEN FRIDAY	7 Jun	\$47.00	\$42.00	\$52.00	—
	DO7	EAST PERTH CEMETERIES & PENINSULA FARM	14 Jun	\$48.00	\$44.00	\$53.00	—
	DO8	EAST FREMANTLE HERITAGE TRAIL	20 Jun	\$15.00	\$12.00	\$18.00	—
	EC1	SWEET ROAD - MELVILLE THEATRE	12 May	\$25.00	\$25.00	\$30.00	—
	EC2	WASO MORNING SYMPHONY, Tales of legends	23 May	\$35.00	\$35.00	\$40.00	—
	EC3	PYGMALION - GARRICK THEATRE	9 Jun	\$33.00	\$31.00	\$36.00	—
	FB1	OUTBACK AND OCEAN IN PASTELS	26 Apr	\$100.00	\$80.00	—	\$10+ttb*
	FB2	DRAWING FOR FUN	3 May	\$80.00	\$64.00	—	ttb*
	FB3	TINY BASKETS	14 May	\$20.00	\$16.00	\$25.00	\$15+ttb*
	FB4	FADING RIPPLES	18 May	\$30.00	\$24.00	\$35.00	\$25.00
	FB5	MOSAICS	4 Jun	\$60.00	\$48.00	—	\$80.00
	GL1	SPANISH, beginners ongoing (Mondays)	22 Apr	\$135.00	\$108.00	—	—
	GL2	SPANISH, Intermediate B1	23 Apr	\$200.00	\$160.00	—	—
	GL3	SPANISH, Basic A1	23 Apr	\$200.00	\$160.00	—	—
	GL4	SPANISH, beginners continuing (Wed)	24 Apr	\$200.00	\$160.00	—	\$4.00
	GL5	FRENCH, ONGOING	23 Apr	\$150.00	\$120.00	—	—
	GL6	FRENCH, ONGOING BEGINNERS A1	2 May	\$180.00	\$144.00	—	\$4.00
	GL7	FRENCH, MORE ADVANCED B1	2 May	\$180.00	\$144.00	—	\$4.00
	GL8	ITALIAN, ONGOING	24 Apr	\$150.00	\$120.00	—	—
	GL9	ITALIAN, ONGOING BEGINNERS	1 May	\$135.00	\$108.00	—	—
	GL10	LATIN, ONGOING	23 Apr	\$200.00	\$160.00	—	—
	HC1	WELCOME TO APPLE (IPHONE/IPAD)	29 Apr	\$20.00	\$16.00	\$25.00	—
	HC2	WELCOME TO ANDROID (PHONE/TABLET)	29 Apr	\$20.00	\$16.00	\$25.00	—
	HC3	FACEBOOK MARKETPLACE	6 May	\$20.00	\$16.00	\$25.00	—
	HC4	RESEARCHING & BOOKING TRAVEL ONLINE	6 May	\$20.00	\$16.00	\$25.00	—
	HC5	WhatsApp	13 May	\$20.00	\$16.00	\$25.00	—
	HC6	MAPS ON YOUR PHONE	13 May	\$20.00	\$16.00	\$25.00	—
	HC7	TRANSFERRING PHOTOS	20 May	\$20.00	\$16.00	\$25.00	—
	HC8	USING CALENDAR ON YOUR MOBILE	20 May	\$20.00	\$16.00	\$25.00	—
	HC9	SETTING UP EMAILS	27 May	\$20.00	\$16.00	\$25.00	—
	HC10	e-SAFETY	27 May	\$20.00	\$16.00	\$25.00	—
	HC11	COMPUTER HELP DESK	Call office	\$25.00	—	\$30.00	—
Total cost of this page							
Page 1 cost							
Membership fee (if applicable)							
Credit (Where applicable)				()			
GRAND TOTAL COST							

PAYMENT METHOD

CHEQUE

CASH

CARD

OFFICE USE