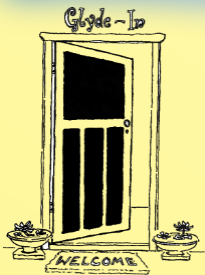


SUMMER SCHOOL AT GLYDE-IN

Monday 4 to Sunday 17 January 2021



42 Glyde Street, East Fremantle, WA 6158

Glyde-In Community Learning Centre is a not for profit group that offers courses and activities that are informal, non-competitive and open to everyone.

The centre is supported generously by the Town of East Fremantle.



*Activities are open to all, membership is not required. Bookings are essential
Phone 9339 3964, call in, or book online at www.glydein.org.au/programme
Concession eligibility is a Centrelink pension/health card or a DVA Gold card
Minimum numbers apply to each course*

Weekend and evening activities are marked with a coloured star

TALKS

CATCHING COLD CASE KILLERS

Bob Mead, Forensic Toxicologist, Murdoch University
4 sessions, Monday to Thursday, 4-7 January, 9-11am.

DNA profiling has revolutionised the way we identify perpetrators of serious crimes. And now there's phenomics and forensic genetic genealogy too. Bob will apply these methods to four cold cases. Together we will develop phenotypical profiles and build family trees to identify the perpetrator, decades later. We'll identify a child from bodily remains, resolve a 32-year-old double homicide, and identify the killer of a police clerk.

\$48 / \$38 conc.

THE ULURU STATEMENT from the Heart

Anne Zevis
Friday 8 January, 9-10.30am

'We were right to gift the Uluru Statement from the Heart two years ago to the people of Australia, rather than to the politicians or the government', said Aunty Pat Anderson, co-chair of the Referendum Council, back in 2019. 'Just as with the long campaign that led to the successful 1967 vote dealing with First Nations in the constitution, people are standing up ready to join us on this journey.' Anne Zevis, a white Australian long committed to social justice, explains her understanding

SS1

of our responsibility. She explains how the Statement came about, what's happened since, and the possibilities it offers to all of us.

\$12 / \$8 conc.

VLADIMIR PUTIN, man of mystery **SS3**
Alexey Muraviev, Security and Strategic Studies, Curtin University.

3 sessions; Mon, Wed, Friday, 11, 13 & 15 January, 9-10.30am

As Russia's president, Putin has offered refuge to Edward Snowden, annexed Crimea, propped up the Syrian regime, targeted former spies in the UK, allegedly interfered in several elections, and developed good relations with China but has not resolved territorial disputes with Japan. And he could remain in the top job another 15 years. Learn more about the man and his ideology, and why he matters.

\$36 / \$24 conc.

THE PHYSICS OF STUFF

Kevin Vinsen, International Centre for Radio Astronomy Research

3 sessions: Mon, Wed & Fri, 11, 13 & 15 January, 11am-12pm.

Physics are going on all around you, without you knowing it - and they're astonishing! We'll look at physics in the

SS4

TALKS *Cont...*

kitchen, the bathroom, the living room. We'll explore the physics involved in driving and in football; we'll scan the weird laws that make your phone work, and those that work in light and sound.

\$36 / \$24 conc.

FASCISM'S RISE IN INDIA **SS5**

Felix Pal, PhD candidate, ANU

Tuesday 12 January, 9-10am.

Since Narendra Modi became prime minister in 2014, India has seen an acceleration in violence against minorities, far right rhetoric and the suppression of free speech. Felix Pal's research explores the rising fascism of the Hindu nationalist movement under Modi. He describes the way it emerged from a paramilitary militia that keeps neither membership lists nor financial records, and operates through hundreds of front organisations. He explains how Modi's Bharatiya Janata Party legislates against, marginalises and organises pogroms against India's Muslims. Come for a provocative and informative talk.

\$12 / \$8 conc.

PERTH'S SUB-SAHARAN COMMUNITY **SS6**

Kwadwo Adusei-Asante, Social Sciences, ECU

Tuesday 12 January, 1pm-2.30pm.

Negative media representation of Sub-Saharan Africans in Australia blurs the differences that exist within them. Kwadwo explores the demography and success stories and the issues that they confront. He will highlight the work of the Organisation of African Communities and Excellence Incorporated, an organisation that works to increase the numbers of young Sub-Saharan Africans in higher education, and to support their transition to meaningful employment and further education.

\$12 / \$8 conc.

ROSS SEATON, Walking Man **SS7**

Ted Snell, Director, Lawrence Wilson Art Gallery

Thursday 14 January, 9-10.30am

Ross Seaton made extraordinary paintings and drawings over 50 years. A well-known figure often seen on his long walks along Stirling Highway to the ocean, Ross documented his complex and interdisciplinary view of the world in thousands of artworks. Ross died in 2020 and Ted Snell brings a selection of his compelling works and tales of his peripatetic life.

\$12 / \$8 conc.

ITALIAN with an arty twist **SS8**

Francesca Cardoni

3 sessions: Mon, Wed & Friday, 4, 6 & 8 January, 10am-12 noon

Conversation practice using 'L'arte della memoria', an enjoyable activity that helps you learn and describe the elements present in six Italian art masterpieces. It's a great opportunity to listen to, speak with and learn from the group. Beginners and practised students all welcome to this holiday romp in Italian.

\$48 / \$38 conc.

NOT SO TRIVIAL PURSUITS

NIETZSCHE, the enigma **SS9**

Meera Finnigan

6 sessions: 2 Mons, 2 Weds, 2 Fri, 4-15 January, 1-3pm

Nietzsche is famous for declaring 'God is dead' and 'whatever does not kill me makes me stronger'. Part of his appeal is his interweaving of philosophy and psychology. Central to his philosophy is the idea of 'life-affirmation': this involves an honest questioning of doctrines that drain life's energies. Whilst his ideas can be disquieting at first, few philosophers can be more entertaining, or carry the potential to change our views. If you enjoy different perspectives on big ideas, join us on a philosophical adventure.

\$96 / 77 conc.

SPANISH Beginners **SS10**

Ruperto Nunez

5 sessions: Monday-Friday, 4-8 January, 3.30-5.30pm

Immerse yourself in an informal, intensive intro to this beautiful melodic language.

\$80 / \$64 conc.

UKULELE **SS11**

Shirley Guy

6 sessions, 2 Mons, 2 Weds, 2 Fri, 4 - 15 January, 6-7.30pm.

If you play a little, bring your uke (and a music stand if you have one), and improve no end in our 6-session intensive.

\$72 / \$58 conc.

MOTIVATION, the key to good writing **SS12**

Mihaela Nicolescu, author and playwright

Tuesday 5 January, 9-11am.

Motivation, in writing and in life, drives characters and story. Motivation, or impetus, is what readers connect with and is what fuels the hero's journey; it is the meaning of a story. Let's look at motivation, how it can drive or stall a story, and how a writer can use it to create a great story. Experiment with character, and walk away feeling, well, motivated! A workshop for the experienced writer, the novice, and the curious. Bring your writing gear.

\$16 / \$13 conc.

STORYTELLING for grandparents & parents **SS13**

Marie Finlay

Thursday 7 January, 9am-12noon.

Reading and storytelling with children touches magic, promoting imagination and brain development, teaching children about language and emotions, and strengthening your relationship. Guided by Marie Finlay, this is an opportunity to craft stories from your own life and theirs, and also to retell a story from a book. You will take away at least one story, and you'll touch magic straight away.

\$24 / \$19 conc.

Continued on next page.....

NOT SO TRIVIAL *Cont...*

AUSTRALIAN WOMEN POETS **SS14**

Mary Ellen MacDonald

3 sessions, Mon, Wed, Fri, 11, 13 & 15 January, 10am-12noon.

When poets such as Gwen Harwood, Judith Wright, Oodjeroo Noonuccal and Dorothy McKellar began writing, the social structures of the time restricted and largely dictated their creative spirit. Gradually though they rebelled, and found that their writing themes could also be a far cry from the poetry of their male counterparts. Join literature tutor Mary Ellen for a rich poetic journey.

\$48 / \$38 conc.

SPANISH for fun, General **SS15**

Ruperto Nunez

5 sessions: Mon-Fri 11-15 January, 3.30-5.30pm

An immersion - informal and enjoyable, for those who have learned some Spanish.

\$80 / \$64 conc.

PAINTING WITH WORDS: the Art of Storytelling **SS16**

Mihaela Nicolescu, author and playwright

Tuesday 12 January, 9-11am.

A great story, like any great painting, uses contrasts, colours, focus, and the interplay of shadow and light to engage the reader and take them on a journey.

Mihaela will bring a new perspective to familiar storytelling elements such as character, plot and conflict. Experiment, share, and gain insight into what makes a good story and how great writing can be achieved. This is for the experienced writer, the novice, and the curious.

\$16 / \$13 conc.

THE HERO'S JOURNEY **SS17**

Marie Finlay

Thursday 14 January, 9.30am-12noon.

Our lives are full of transitions. Sometimes these are so small they go unnoticed, but we still feel that something's changed; other transitions - perhaps menopause, losing a job or relationship - are more dramatic and life-altering. What if I told you that there is a basic framework, a road map anyone can follow to become the hero in their own life story? Let's look at our particular transitions or challenges through the framework of the hero's journey to come to a greater appreciation of our own heroism.

\$20 / \$16 conc.

MIND & BODY

YOGA intensives

Uwe Oswald

All ages and all levels welcome. Suitable for anyone who can move from standing to floor with relative ease. Wear a smile and loose comfy clothing.

General (hatha): **SS18**

5 sessions, Mon to Fri, 4-8 Jan, 5.15-6.30pm.

Reduce stress and tension and learn simple techniques to take home.

Continued in next column.....

MIND & BODY *Cont...*

Restorative: **SS19**

Regenerate. For those who want to experience deep relaxation with the aid of yoga postures. No experience necessary.

5 sessions, Mon to Fri, 11-15 January, 5.15-6.30pm

Each course \$50 / \$40 conc.

OILS **SS20**

Dorothea Bassett

Tuesday 5 January, 10am-12noon

Essential oils, used on your body's meridians, are powerful ways to give your energy a surprising lift, and a simple muscle-test will show by just how much, says Dorothea, practising kinesiologist. Your cardiovascular, pulmonary and digestive systems will be happier for it too. Use precious essential oils and sweet almond oil to make two oil roll-ons to take home.

\$16 / 13 conc. (+ \$30 materials).

MOVE WITH GRACE & BALANCE **SS21**

Dorothea Bassett

4 sessions, 2 Tues & 2 Thurs, 5 - 14 January, 1-3pm.

Develop more mobility, clarity and vitality. You will learn strengthening exercises for the lower body and activities that challenge balance and brain. Dorothea is a qualified physio and kinesiologist and believes we can always improve our balance, be centred and aware. So join in to stay fit, flexible and mentally sharp.

\$64 / \$51 conc.

EMOTIONAL INTELLIGENCE **SS22**

Maryke Botes

2 sessions, Wednesday 6 & Friday 8 January, 9am-12.30pm.

Become more mindful so that you can choose how you see and react in any situation. Change your 'response-map' and you change how you see, hear, feel and behave in the world. Emotional intelligence is the ability to recognize your emotions, understand what they're telling you, and realize how your emotions affect people around you. It also involves your perception of others; understanding how they feel allows you to manage your relationships more effectively.

\$56 / 45 conc.

DAOIST WHITE TIGER MEDICAL QIGONG **SS23**

Toni Weston

5 sessions, Monday to Friday, 11 - 15 January, 3.45-4.45pm

Enhance balance, flexibility, and your memory. These repetitive, dynamic but gentle movements help maintain and improve bilateral co-ordination, balance, and concentration. And they can renew the neurological connections between mind and body.

\$40 / \$32 conc.

Continued on next page.....

BY HAND

SASHIKO Japanese Embroidery **SS24**

Kerry Moore

Tuesday 5 January, 1.30-3.30pm

Sashiko was originally used to strengthen homespun clothes. It is now used as gorgeous decoration, usually on indigo fabric, and it uses special sashiko thread and needle. Try your hand and decorate a pocket patch or coaster, or just enjoy the pleasure of hand stitching.

\$16 / \$13 conc. (+ \$10 all materials)

SAND, SEA, SURF IN PASTELS **SS25**

Jane Lidbetter

4 sessions; 2 Weds & 2 Fridays, 6 – 15 January, 1-3pm.

Using just a few colours in soft pastels you will learn to depict the vibrancy of seascapes, be they calm and meditative or wild and turbulent. Pastels are forgiving and a lot of fun. Jane will supply paper at a small cost.

\$64 / \$51 conc. + things to bring.

PAINTED POTS **SS26**

Lynn Christison

Thursday 7 January, 1-4pm.

You might have seen Lynn's brightly-painted pots in our garden. Now she'll help you decorate your own. Paint a pot in geometric shapes, stylised birds, flowers or gay stripes, then seal it ready for potting up as a happy gift or for your own garden. Includes one pot (+ \$5 per extra pot or bring your own, clean of course).

\$24 / \$19. (+ \$12 materials)

OUT & ABOUT

BOOLA BARDIP Museum of WA **SS27**

Jono Farmer

Wednesday, 6 January, 9.45am – 12 noon (later with lunch).

Come and join us for a self-guided tour of this magnificent new museum, featuring innovative collections depicting the formation of the universe, WA's latest inventions and our greater role in the world. Join us to lunch afterwards, at own cost. Meet in museum foyer, Perth Cultural Centre, James St Northbridge at 9.45am

\$5

BOAT TRIP TO TRANBY **SS28**

Jono Farmer

Wednesday, 13 January 9.45am – 2pm

We'll travel quietly up-river on the electric-powered Little Ferry, to tour the historic and restored 1830s Peninsula Farm on the banks of the Swan at Maylands. Bring a picnic lunch to enjoy on the return journey and arrive back at Elizabeth Quay at 2pm.

Meet at Elizabeth Quay, 9.45am.v

\$68

COMPUTER & IT

MAPS ON YOUR PHONE **SS29**

Fay Gerhard

Monday, 4 January, 10am-12noon.

Learn to use your map app so it becomes a firm friend. Suitable for iPhones and androids. Bring your device, fully charged, and logon details.

\$16 / \$13 conc.

BUILD A WORDPRESS website **SS30**

Fay Gerhard

2 Mondays, 4 & 11 January, 1.30-3.30pm.

WordPress is free, popular and versatile software to set up a new website. Get started on yours; add photos, build pages, add links, and make it look inviting. Come with WordPress already downloaded, installed and set up on your laptop, and bring your log-on and password ready to begin.

\$32 / \$26 conc.

INTRO TO ANDROID DEVICES (phones/tablets) **SS31**

Kris Metcher

2 Tuesdays, 5 & 12 January, 10am-12pm.

Get to know your device, and become firm friends with it. Get to know its features and how it can make life easier.

\$32 / \$26 conc.

INTRO TO iPhone and iPads **SS32**

Kris Metcher

2 Tuesdays, 5 & 12 January, 12.30pm-2.30pm.

A helpful overview that helps you gain confidence and make friends with your iPhone or iPad. Get to know its features and how it can make life easier.

\$32 / \$26 conc.

iPAD APPS FOR EVERYDAY **SS33**

Isobel Pearson

2 Tuesdays, 7 & 14 January, 10am-12noon.

Learn to be cloud-savvy, take charge of your digital footprint and manage storage on your device and iCloud. Use your tools to organise and enhance your photos and discover ways to share them. Use your library, find a café, read news, buy an eBook or keep in touch with friends at no cost. You need a basic understanding of iPad. Please bring your device, passwords etc.

\$32 / \$26 conc.

WHATS APP **SS34**

Fay Gerhard

Monday 11 January, 10am-12pm

Whats App lets you send messages, pictures, videos and voice over the internet, rather than your mobile network. It works for iPhone talking to Androids too. Come and learn how. Bring your device, fully charged, and logon details.

\$16 / \$13 conc.

BEST IPAD PHOTOGRAPHY **SS35**

Isobel Pearson

Tuesday 12 January, 10am-12noon.

Learn to use the camera app well, then use the photos app to edit, crop, brighten and generally enhance your photos. Create and name your albums, find on the world map where your photos were taken, and tag people so you can find them easily. We'll also look at other photo apps on the App Store. Bring your iPad fully charged; familiarity with your iPad is essential.

\$16 / \$13 conc.

Please help us to ensure your safety by following all current government guidelines on COVID